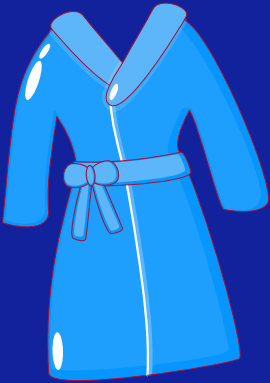


## WHAT TO WEAR

Costumes are encouraged, but not required. We suggest a bathing suit and something on your feet to wear into the water.

Don't forget a towel and a warm change of clothes for after your plunge!



**PRO TIP:**  
Bring a bathrobe to put on as soon as you come out of the water!

## AWARDS CATEGORIES

**Emperor Award**  
Top individual Fundraiser

**Emperor Club Award**  
Top Fundraising Group/Team

**Rockhopper Award**  
Best Individual Costume

**Waddle Award**  
Best Group Costume

**Silver Penguin Award**  
Oldest Penguin

**Rockin' Schoolhouse Award**  
Top Fundraising School Group

**Arctic Hero Award**  
Top Fundraising Public Safety Group

# What to Expect



Changing rooms, rest rooms, snacks, and entertainment will be provided. Safety is our highest priority, full EMS crews, ambulances, and dive teams are on site during the event. Please follow the instructions of our event volunteers to ensure the safety and enjoyment of all attendees.



## REGISTRATION

Arrive at the event and head to the registration area to complete your waiver, turn in any additional donations, and pick up your incentive prizes.



## PRE-PLUNGE

Take photos with our penguin mascot, have some snacks, and enjoy the party. Change into your bathing suit or costume and find your team.



## PLUNGE!

Line up on the beach to get ready to plunge! When it's your turn - take the plunge, you can go all the way under water or just get your toes wet, it's up to you!



## YOU DID IT!

Change into your warm clothes and stick around for the awards ceremony which takes place after the plunge.

**No alcohol or pets are permitted at the Penguin Plunge.**