

**LEG 5**  
**PLYMOUTH TO WEST HARTFORD**  
 Day Two, THURSDAY, May 30, 2024

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
		<b>START</b>	<b>PLYMOUTH</b>
			<b>Lucky Cup Restaurant (18 Main St, Terryville)</b>
0	0	7:30 AM	Main St at Lucky Cup Restaurant
0.32	0.36	7:33 AM	Main St at Schultz St
0.6	0.65	7:37 AM	Main St at Maple St
0.92	0.92	7:40 AM	Main St at N Main St
1.02		7:30 AM	Main St at Terryville Public Library
1.35	1.38	7:45 AM	Turn into Adams' Hometown Market Parking Lot. <b>Pick up and drive to Rt 6 at Fern Hill Rd (Mini Mart) in Watertown - 25 min</b>
			<b>WATERTOWN</b>
1.38	1.38	8:10 AM	<b>Return to Run (Rt 6 at Fern Hill Rd)</b>
0.27	1.65	8:13 AM	Rt 6 at Southview Dr
0.75	2.13	8:18 AM	Rt 6 at Nova Scotia Hill Rd
1.04	2.42	8:21 AM	Rt 6 at Baldwin St
1.28	2.66	8:24 AM	Turn left onto CT-63 S
1.69	3.07	8:28 AM	Rt 63 at Woodruff Ave
2.02	3.4	8:32 AM	Rt 63 at Edgewood Ave
2.28	3.66	8:35 AM	Turn left into Adam's Store parking lot. <b>Pickup and drive to Troop L via Rt 63 (Litchfield) - 40 MIN</b>
			<b>LITCHFIELD</b>
0.00	3.66	9:15 AM	<b>Return to Run.</b> Left out of Troop L parking lot onto Rt 202
0.62	4.28	9:22 AM	Rt 202 at Tapping Reeve Village
1.00	4.66	9:26 AM	Rt 202 at Constitution Way
1.44	5.10	9:31 AM	Turn right into Center School and run through semi-circle driveway, continue on Rt 202
1.80	5.46	9:35 AM	Rt 202 at North St
1.79	5.45	9:34 AM	Turn left to stay on Rt 202 (Torrington Rd)
3.38	7.04	9:52 AM	Rt 202 at Fern Ave
4.16	7.82	10:01 AM	Rt 202 at Ethan Allen Rd
4.94	8.60	10:09 AM	Rt 202 at Peaches N Cream Ice Cream (632 Torrington Rd, Litchfield)
			<b>TORRINGTON</b>
0.00	8.60	10:09 AM	Rt 202 at Peaches N Cream Ice Cream (632 Torrington Rd, Litchfield)
0.58	9.18	10:15 AM	Rt 202 at Peck Rd
1.48	10.08	10:25 AM	Rt 202 at Walnut St
1.88	10.48	10:30 AM	Rt 202 at Earle St
2.09	10.69	10:32 AM	Turn right to say on Rt 202 (Litchfield St)
2.41	11.01	10:36 AM	Bear left onto Main St
2.79	11.39	10:40 AM	Main St at E Pearl St
3.23	11.83	10:45 AM	Main St at Torrington PD
3.51	12.11	10:48 AM	Main St at Dawes Ave

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
3.72	12.32	10:50 AM	Slight right onto Winsted Rd
3.93	12.53	10:52 AM	Winsted Rd at MissFits Boot Camp
4.47	13.07	10:58 AM	Winsted Rd at highway ramps
4.47	13.07	10:58 AM	Right into Lowe's / Big Y. <b>Pick up and drive to Walker Field, Winsted (Winsted Rd &amp; Willow St) - 30 min</b>
			<b>WINCHESTER</b>
0.00	13.07	11:28 AM	<b>Walker Field (Rowley St &amp; Willow St, Winsted)</b> <b>Begin run - heading west on on Willow St. towards Bridge St.</b>
0.44	13.51	11:33 AM	Turn right onto Bridge St
0.46	13.53	11:33 AM	Turn right onto Rtt 44 / Main St
1.00	14.07	11:39 AM	Rt 44 at Rowley St
1.52	14.59	11:45 AM	Rt 44 at Rt 183 (Old New Hartford Rd)
1.95	15.02	11:50 AM	Rt 44 at Shops at Ledgebrook (200 New Hartford Rd, Winsted) <b>Lunch Break - 30 minutes</b>
			<b>BARKHAMSTEAD</b>
0.00	15.02	12:20 PM	<b>Return to Run</b>
0.62	15.64	12:27 PM	Rt 44 at West Hill Rd
1.73	16.75	12:39 PM	Rt 44 at E. West Hill Rd
2.67	17.69	12:49 PM	Rt 44 at Rt 318 (Ripley Hill Rd)
3.60	18.62	12:59 PM	Rt 44 at Old County Rd
3.78	18.80	1:01 PM	Rt 44 at Barkhamsted Highway Garage (33 New Hartford Rd, Barkhamsted)
			<b>NEW HARTFORD</b>
0.00	18.80	1:01 PM	Rt 44 at Barkhamsted Highway Garage (33 New Hartford Rd, Barkhamsted)
0.49	19.29	1:07 PM	Rt 44 at Old North Rd
1.39	20.19	1:17 PM	Rt 44 at Rt 219
1.75	20.55	1:21 PM	Rt 44 at Wickett St
2.24	21.04	1:26 PM	Rt 44 at Church St
2.46	21.26	1:28 PM	Rt 44 at Brewery Legitimus <b>Pick up and drive to Canton - 10 Min</b>
			<b>CANTON</b>
0.00	21.26	1:38 PM	Rt 44 at Sterling Dr (Farmington River Tubing Pickup Location)
0.32	21.58	1:42 PM	Rt 44 at Cherry Brook Rd
0.84	22.10	1:48 PM	Rt 44 at Dyer Ave
1.38	22.64	1:54 PM	Rt 44 at E Hill Rd
1.94	23.20	2:00 PM	Rt 44 at Old Canton Rd
2.29	23.55	2:04 PM	Rt 44 at Dowd Ave
2.63	23.89	2:07 PM	Rt 44 at Rt 177 (Lovely St/Lawton Rd)
3.07	24.33	2:12 PM	Rt 44 at Secret Lake Rd
3.42	24.68	2:16 PM	Rt 44 at Old Albany Tpk
3.61	24.87	2:18 PM	Rt 44 at Ledgemere Industrial Park (5 Albany Tpke, Canton)
3.79	25.05	2:20 PM	Right into Dunkin' Donuts (25 Albany Turnpike) for <b>10 minute break</b>
			<b>SIMSBURY &amp; AVON</b>
0.00	24.87	2:30 PM	Right into Dunkin' Donuts (25 Albany Turnpike) <b>Return to Run.</b>

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
0.11	24.98	2:31 PM	Rt 44 at Rt 167 (W Avon Rd)
0.47	25.34	2:35 PM	Rt 44 at Fox Hollow (Friendly's)
1.73	26.60	2:49 PM	Rt 44 at Darling Dr
2.13	27.00	2:53 PM	Rt 44 at Old Farms Rd
2.42	27.29	2:57 PM	Turn right into Bruegger's Bagels. <b>Drive to Hartford Police Academy, 50 Williams St, Hartford - 35 Min</b>
			<b>HARTFORD</b>
0.00	27.29	3:32 PM	<b>Hartford Police Academy</b> <b>Return to Run.</b> Left onto Williams St
0.08	27.37	3:33 PM	Right onto Walnut St
0.88	28.17	3:41 PM	Turn left onto Woodland St
1.33	28.62	3:46 PM	Woodland St at Asylum Ave
1.69	28.98	3:50 PM	Right onto Farmington Ave
2.44	29.73	3:59 PM	Farmington Ave and Prospect (Walgreen's) - 5 Minute Break
			<b>WEST HARTFORD</b>
0.00	29.73	4:04 PM	Return to Run - Farmington Ave and Prospect (Walgreen's) <b>5 Minute Break</b>
		4:09 PM	<b>Return to Run</b>
0.29	30.02	4:07 PM	Farmington Ave at Hamilton Ave
0.64	30.37	4:11 PM	Farmington Ave at Quaker Ln
1.13	30.86	4:16 PM	Farmington Ave at Trout Brook Dr
1.35	31.08	4:18 PM	Turn left onto S Main St
1.54	31.27	4:20 PM	Left onto Memorial Rd
1.59	31.32	4:21 PM	Right into West Hartford Town Hall. <b>End Run.</b>