

**LEG 6**  
**NAUGATUCK TO WEST HARTFORD Day**  
Two, THURSDAY, June 4, 2026

<b>TOWN MILEAGE</b>	<b>RUN MILEAGE</b>	<b>TIME</b>	<b>NOTES</b>
		<b>START</b>	<b>NAUGATUCK</b>
			<b>McDonald's (51 New Haven Rd, Naugatuck)</b>
0	0.00	9:30 AM	Left onto Rt 63 at Cross St
0.54	0.54	9:35 AM	Rt 63 at High St
0.9	0.90	9:39 AM	Turn left to stay on Rt 63
1.18	1.18	9:42 AM	Continue to bear right onto Rt 63 (Cherry St)
1.45	1.45	9:45 AM	Turn right onto Rubber Ave
1.53	1.53	9:46 AM	Turn left onto Church St
1.76	1.76	9:49 AM	Church St at Maple St
2.11	2.11	9:53 AM	Church St at Water St
2.39	2.39	9:56 AM	Turn right onto Bridge St
2.59	2.59	9:58 AM	Turn left onto Spring St
2.86	2.86	10:01 AM	Spring St at Naugatuck PD
3.57	3.57	10:09 AM	Spring St becomes Highland Ave
			<b>WATERBURY</b>
0	3.57	10:09 AM	Spring St becomes Highland Ave
0.49	4.06	10:14 AM	Turn right onto Bristol St
0.71	4.28	10:17 AM	Turn left onto Platts Mill Rd
1.18	4.75	10:22 AM	Turn left onto S Main St
1.49	5.06	10:25 AM	S Main St at Baldwin St
2.06	5.63	10:31 AM	S Main St at S Leonard St
2.94	6.51	10:41 AM	S Main St at Lounsbury St
3.37	6.94	10:46 AM	S Main St at Liberty St
3.49	7.06	10:47 AM	Turn right onto E Clay St
3.51	7.08	10:47 AM	Turn left onto S Elm St
3.87	7.44	10:51 AM	Turn right onto E Main St
4.35	7.92	10:57 AM	Slight right to stay on E Main St
5.04	8.61	11:04 AM	Turn left onto Rt 69 (Meriden Rd)
5.40	8.97	11:08 AM	Rt 69 at Lockhart Ave
5.69	9.26	11:11 AM	Rt 69 (Meriden Rd becomes Woodtick Rd) at Academy Ave
6.10	9.67	11:16 AM	Rt 69 at Lawn Rd (Woodtick Rd becomes Stilston Rd)
6.35	9.92	11:19 AM	Bear left to stay on Rt 69
6.44	10.01	11:20 AM	Rt 69 at South Cir
6.71	10.28	11:23 AM	Turn right to stay on Rt 69 (Wolcott St)
7.00	10.57	11:26 AM	Rt 69 at Lakewood Rd
7.41	10.98	11:30 AM	Rt 69 at Town Line Rd
			<b>WOLCOTT</b>
0.00	10.98	11:30 AM	Rt 69 at Town Line Rd

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
0.35	11.33	11:34 AM	Rt 69 at Tosun Rd
0.72	11.70	11:38 AM	Rt 69 at Nichols Rd
1.02	12.00	11:42 AM	Rt 69 at Munson Rd
1.49	12.47	11:47 AM	Rt 69 at Kreger Dr
1.87	12.85	11:51 AM	Rt 69 at Hillside Dr
2.15	13.13	11:54 AM	Rt 69 at Potuccos Ring Rd
2.54	13.52	11:58 AM	Rt 69 at Mad River Rd
3.37	14.35	12:07 PM	Rt 69 at VFW ( <b>Lunch Break - 30 Minutes</b> )
3.37	14.35	12:37 PM	<b>Return to Run</b>
3.54	14.52	12:39 PM	Rt 69 at Wolcott St
4.54	15.52	12:50 PM	Rt 69 at Woodtick Rd
5.40	16.38	1:00 PM	Rt 69 at #1797 Wolcott Rd
			<b>BRISTOL</b>
0.00	16.38	1:00 PM	Rt 69 at #1797 Wolcott Rd
0.35	16.73	1:04 PM	Rt 69 at Indian Trail
0.37	16.75	1:04 PM	Rt 69 at Old Wolcott Rd
1.39	17.77	1:15 PM	Rt 69 at Wolcott St
1.91	18.29	1:21 PM	Rt 69 at Tuttle Rd
2.49	18.87	1:27 PM	Rt 69 at South St
2.60	18.98	1:28 PM	Turn right onto Upson St
2.75	19.13	1:30 PM	Turn left onto Church St (Church becomes N. Main St)
3.03	19.41	1:33 PM	N Main St at Bristol Police Department ( <b>2023 -10 minute break</b> )
3.03	19.41	1:43 PM	<b>Return to Run</b>
3.60	19.98	1:49 PM	Turn right onto Rt 6 (North St)
3.87	20.25	1:52 PM	Rt 6 at Maple St
4.65	21.03	2:01 PM	Rt 6 at Hoover Ave
5.18	21.56	2:07 PM	Rt 6 at Morris Ave
5.52	21.90	2:10 PM	Rt 6 at Brook St
6.30	22.68	2:19 PM	Turn right into Popey's ( <b>10 minute break</b> )
6.30	22.68	2:29 PM	<b>Return to Run</b>
6.69	23.07	2:33 PM	Rt 6 at Camp St
			<b>FARMINGTON</b>
0.00	23.07	2:33 PM	Rt 6 at Camp St
0.89	23.96	2:43 PM	Rt 6 at Rt 177
1.93	25.00	2:55 PM	Rt 6 at New Britain Ave
2.3	25.37	2:59 PM	Rt 6 at Hyde Rd
2.57	25.64	3:02 PM	Slight right toward State Hwy 552 towards Rt 10
2.84	25.91	3:05 PM	Turn left onto CT-10
3.59	26.66	3:13 PM	Rt 10 at Tunxis St
4.35	27.42	3:21 PM	Rt 10 at Mountain Rd (Miss Porter's School)
4.7	27.77	3:25 PM	Turn right onto CT-4/Farmington Ave
5	28.07	3:28 PM	Farmington Ave at Mountain Spring Rd
5.6	28.67	3:35 PM	Turn left to follow Farmington Ave ( <b>Meet UCONN Health at commuter lot</b> )

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
6.2	29.27	3:41 PM	Turn right onto South Rd
6.7	29.77	3:47 PM	Turn left onto Munson Rd
7.05	30.12	3:51 PM	Turn right onto E Rd (Academic Rd)
7.29	30.36	3:53 PM	Turn right onto Main Rd
7.7	30.77	3:58 PM	Stay to right around rotary and exit to stay on Main Rd
7.91	30.98	4:00 PM	Turn right onto Farmington Ave
8.17	31.24	4:03 PM	Farmington Ave at Talcott Notch Rd
9.01	32.08	4:12 PM	Farmington Ave at West Hartford Reservoir <b>END RUN Drive to West Hartford Town Hall</b>