

LEG 1
CHESTER TO LEDYARD
 Day One, WEDNESDAY - June 3, 2026

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
		START	WHELEN ENGINEERING (51 Winthrop Rd, Chester) Meet between Customer Service & Installation Buildings. Turn right at "T" flashing red light towards Main Entrance.
		8:00 AM	Begin Run
0.18	0.18	8:01 AM	Turn right onto CT-145 N (Winthrop Rd)
0.87	0.87	8:09 AM	Turn right onto CT-148 E (W Main St)
1.65	1.65	8:18 AM	Rt 148 at Baker Rd & Wig Hill Rd
2.22	2.22	8:24 AM	Rt 148 at Baker Rd
3.80	3.80	8:41 AM	Turn right onto Main St
4.14	4.14	8:45 AM	Main St at School Ln
4.27	4.27	8:46 AM	Main St at Middlesex Health Primary Care (150 Main Street, Chester)
			Pick up and drive to MONKEY FARM - 571 Boston Post Road, Old Saybrook
			Old Saybrook
0	4.27	9:16 AM	571 Boston Post Rd - Begin run. Turn Right onto Rte 1
0.05	4.32	9:17 AM	Turn left onto Main St
0.70	4.97	9:24 AM	Main St at Old Boston Post Rd
1.10	5.37	9:29 AM	Main St at Maple Ave
1.60	5.87	9:34 AM	Main St at Old S Cv Rd/N Cove Rd
2.20	6.47	9:41 AM	Turn right on Bridge St/Rte 154 @ Saybrook Point Inn & Marina
2.30	6.57	9:42 AM	Bridge Street/Rte 154 at Cove St
3.00	7.27	9:49 AM	Left at Nibang Ave
			Pick up at drive to 218 Shore Rd, Old Lyme (former Cherry Stone's Restaurant) 25 Minutes
			Old Lyme
0	7.27	10:20 AM	218 Shore Rd. Begin Run. Left on onto Rt 156
0.45	7.72	10:25 AM	Rt 156 at Biscayne Blvd
0.9	8.17	10:30 AM	Rt 156 at Saltaire Dr
1.33	8.60	10:35 AM	Rt 156 at Hatchett Point Rd
1.9	9.17	10:41 AM	Rt 156 at Shore Acres Rd
2.1	9.37	10:44 AM	Rt 156 at Oakridge Dr
2.44	9.71	10:47 AM	Rt 156 at Mile Creek Rd
2.79	10.06	10:51 AM	Bear right to stay on Rt 156
3.77	11.04	11:02 AM	Rt 156 at Rocky Neck State Park
			East Lyme
	11.04	11:02 AM	Rt 156 at Rocky Neck State Park
0.12	11.16	11:03 AM	Rt 156 t Giants Neck Rd
1.07	12.11	11:14 AM	Rt 156 at Fairhaven Rd
2.13	13.17	11:25 AM	Rt 156 at Black Point Rd
2.71	13.75	11:32 AM	Rt 156 at Pennsylvania Ave
3.81	14.85	11:44 AM	Rt 156 at West St

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
			Waterford
0.00	14.85	11:44 AM	Rt 156 at West St
0.22	15.07	11:46 AM	Rt 156 at Millstone Rd
0.95	15.80	11:54 AM	Rt 156 at Granite Ct
1.37	16.22	11:59 AM	Rt 156 at Highland Dr
1.90	16.75	12:05 PM	Rt 156 at N Rd (First Baptist Church)
2.56	17.41	12:12 PM	Rt 156 at Waterford High School
2.64	17.49	12:13 PM	Right onto Rt 1
3.11	17.96	12:18 PM	Rt 1 at Willetts Ave
3.51	18.36	12:22 PM	Rt 1 at Bestway Gas Station (6 Boston Post Rd)
			New London
0.00	18.36	12:22 PM	Rt 1 at Bestway Gas Station (6 Boston Post Rd)
0.34	18.70	12:26 PM	Rt 1 (Bank St) at Coleman St
0.54	18.90	12:28 PM	Rt 1 (Bank St) at Montauk Ave
0.74	19.10	12:31 PM	Slight right to stay on Bank St
0.80	19.16	12:31 PM	Bank St at Howard St
1.03	19.39	12:34 PM	Bank St at Tilley St
1.28	19.64	12:37 PM	Turn right onto State St (at Whale Tale)
			Continue across train tracks onto City Pier area. End Run. CSP and LETR support vehicles drive to Nautilus Parking lot located just outside main gate to SUBASE New London. 45 Min
			Subase New London / Groton
			CSP and LETR vehicles meet at Nautilus Parking Lot with USN runners.
	19.64	1:22 PM	Begin run
0.04	20.05	1:26 PM	Turn right onto Military Hwy
0.41	20.75	1:34 PM	Military Hwy at Fulton Dr
1.11	20.87	1:35 PM	Military Hwy at Horizon Dr
1.23	21.19	1:39 PM	Military Hwy at Lestertown Rd
1.55	21.52	1:42 PM	Military Hwy at Grove Ave
1.88	21.54	1:42 PM	Turn right onto Bridge St
1.90	23.45	2:03 PM	Right into SUBVETS WWII Memorial
			CSP and LETR Vehicles pick up and drive to Groton City PD (295 Meridian St, Groton)
			Groton City
			Groton City Police Department (30 min lunch break)
0.00	21.19	2:43 PM	Begin Run
0.14	21.33	2:45 PM	Turn left onto Meridian St
0.52	21.71	2:49 PM	Turn left onto Mitchell St
0.70	21.89	2:51 PM	Mitchell St at Park Ave
1.14	22.33	2:56 PM	Mitchell St at Hamilton Ave
1.21	22.40	2:57 PM	Turn left onto Poquonnock Rd Pass by Subway (on the right)
1.81	23.00	3:03 PM	Poquonnock Rd at Old Farm Rd
2.25	23.44	3:08 PM	Bear left to stay on Poquonnock Rd
2.74	23.93	3:14 PM	Turn right to stay on Poquonnock Rd (Rt 1)
3.19	24.38	3:19 PM	Poquonnock Rd at Buddington Rd
3.70	24.89	3:24 PM	Poquonnock Rd at Depot Rd

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
4.09	25.28	3:28 PM	Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School)
			Groton Town
	25.28	3:28 PM	Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School)
0.28	25.56	3:32 PM	Rt 1 at Ring Dr
0.80	26.08	3:37 PM	Bear left to stay on Rt 1 at Rt 215
1.26	26.54	3:42 PM	Rt 1 at Flanders Rd
1.83	27.11	3:49 PM	Rt 1 at Fishtown Rd
2.50	27.78	3:56 PM	Rt 1 at Highmeadow Ln
2.95	28.23	4:01 PM	Rt 1 at Allyn St/West Mystic Ave
3.31	28.59	4:05 PM	Rt 1 at Water St
3.49	28.77	4:07 PM	Rt 1 at Cottrell St
			Stonington
	28.77	4:07 PM	Rt 1 at Cottrell St
0.09	28.86	4:08 PM	Turn left onto Willow St
0.33	29.10	4:10 PM	Turn left onto Rt 27 (Greenmanville Ave)
0.74	29.51	4:15 PM	Rt 27 (Greenmanville Ave) at Hinkly St
1.02	29.79	4:18 PM	Rt 27 (Greenmanville Ave) at Morgan St
1.49	30.26	4:23 PM	Turn right onto Coogan Blvd
1.59	30.36	4:24 PM	Turn left into Steak Loft/Olde Mystic Village parking lot. End Run.
			CSP and LETR support vehicles continue to Foxwoods Bingo Hall Patio.