

**LEG 1**  
**CHESTER TO LEDYARD**  
**Day One, WEDNESDAY, June 3, 2026**

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
		START	<b>WHELEN ENGINEERING (51 Winthrop Rd, Chester) Meet between Customer Service &amp; Installation Buildings. Turn right at "T" flashing red light towards Main Entrance.</b>
		8:00 AM	<b>Begin Run</b>
0.18	0.18	8:01 AM	Turn right onto CT-145 N (Winthrop Rd)
0.87	0.87	8:09 AM	Turn right onto CT-148 E (W Main St)
1.65	1.65	8:18 AM	Rt 148 at Baker Rd & Wig Hill Rd
2.22	2.22	8:24 AM	Rt 148 at Baker Rd
3.80	3.80	8:41 AM	Turn right onto Main St
4.14	4.14	8:45 AM	Main St at School Ln
4.27	4.27	8:46 AM	Main St at Middlesex Health Primary Care.
			<b>Pick up and drive to Old Saybrook Park &amp; Ride (in location of Old CT DOT garage) on Middlesex Turnpike and continue run. Lot is on right just after Bokum Ln. 15 Minutes and before Tractor Supply)</b>
			<b>Old Saybrook</b>
0	4.27	9:01 AM	<b>Begin run.</b> Right onto VFW Hwy toward CT-154 S
0.04	4.31	9:02 AM	Turn left onto CT-154 N
2.06	6.33	9:24 AM	Turn left onto Main St
2.65	6.92	9:31 AM	Turn right onto Old Boston Post Rd
3.03	7.30	9:35 AM	Old Boston Post Rd at Cottage Pl
3.49	7.76	9:40 AM	Turn left onto US-1 S
3.75	8.02	9:43 AM	Rt 1 at Old Saybrook High School
4.15	8.42	9:47 AM	Rt 1 at School House Rd
4.89	9.16	9:55 AM	Left into Cuckoo's Nest.
			<b>Pick up at drive to 218 Shore Rd, Old Lyme (former Cherry Stone's Restaurant) 25 Minutes</b>
			<b>Old Lyme</b>
0	9.16	10:20 AM	<b>218 Shore Rd. Begin Run.</b> Left on onto Rt 156
0.45	9.61	10:25 AM	Rt 156 at Biscayne Blvd
0.9	10.06	10:30 AM	Rt 156 at Saltaire Dr
1.33	10.49	10:35 AM	Rt 156 at Hatchett Point Rd
1.9	11.06	10:41 AM	Rt 156 at Shore Acres Rd
2.1	11.26	10:43 AM	Rt 156 at Oakridge Dr
2.44	11.60	10:47 AM	Rt 156 at Mile Creek Rd
2.79	11.95	10:51 AM	Bear right to stay on Rt 156
3.77	12.93	11:02 AM	Rt 156 at Rocky Neck State Park
			<b>East Lyme</b>
	12.93	11:02 AM	Rt 156 at Rocky Neck State Park
0.12	13.05	11:03 AM	Rt 156 t Giants Neck Rd
1.07	14.00	11:14 AM	Rt 156 at Fairhaven Rd

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
2.13	15.06	11:25 AM	Rt 156 at Black Point Rd
2.71	15.64	11:32 AM	Rt 156 at Pennsylvania Ave
3.81	16.74	11:44 AM	Rt 156 at West St
			<b>Waterford</b>
0.00	16.74	11:44 AM	Rt 156 at West St
0.22	16.96	11:46 AM	Rt 156 at Millstone Rd
0.95	17.69	11:54 AM	Rt 156 at Granite Ct
1.37	18.11	11:59 AM	Rt 156 at Highland Dr
1.90	18.64	12:05 PM	Rt 156 at N Rd (First Baptist Church)
2.56	19.30	12:12 PM	Rt 156 at Waterford High School
2.64	19.38	12:13 PM	Right onto Rt 1
3.11	19.85	12:18 PM	Rt 1 at Willetts Ave
3.51	20.25	12:22 PM	Rt 1 at Bestway Gas Station (6 Boston Post Rd)
			<b>New London</b>
0.00	20.25	12:22 PM	Rt 1 at Bestway Gas Station (6 Boston Post Rd)
0.34	20.59	12:26 PM	Rt 1 (Bank St) at Coleman St
0.54	20.79	12:28 PM	Rt 1 (Bank St) at Montauk Ave
0.74	20.99	12:30 PM	Slight right to stay on Bank St
0.80	21.05	12:31 PM	Bank St at Howard St
1.03	21.28	12:34 PM	Bank St at Tilley St
1.28	21.53	12:36 PM	Turn right onto State St (at Whale Tale)
			Continue across train tracks onto City Pier area. <b>End Run. CSP and LETR support vehicles drive to Nautilus Parking</b> lot located just outside main gate to SUBASE New London. <b>45 Min</b>
			<b>Subase New London / Groton</b>
			<b>CSP and LETR vehicles meet at Nautilus Parking Lot with USN runners.</b>
	21.53	1:21 PM	<b>Begin run</b>
0.04	21.94	1:26 PM	Turn right onto Military Hwy
0.41	22.64	1:34 PM	Military Hwy at Fulton Dr
1.11	22.76	1:35 PM	Military Hwy at Horizon Dr
1.23	23.08	1:38 PM	Military Hwy at Lestertown Rd
1.55	23.41	1:42 PM	Military Hwy at Grove Ave
1.88	23.43	1:42 PM	Turn right onto Bridge St
1.90	23.45	1:42 PM	Right into SUBVETS WWII Memorial
			<b>CSP and LETR Vehicles pick up and drive to Groton City PD (295 Meridian St, Groton)</b>
			<b>Groton City</b>
			Groton City Police Department ( <b>30 min lunch break</b> )
0.00	23.08	2:23 PM	<b>Begin Run</b>
0.14	23.22	2:25 PM	Turn left onto Meridian St
0.52	23.60	2:29 PM	Turn left onto Mitchell St
0.70	23.78	2:31 PM	Mitchell St at Park Ave
1.14	24.22	2:36 PM	Mitchell St at Hamilton Ave
1.21	24.29	2:37 PM	Turn left onto Poquonnock Rd Pass by Subway (on the right)
1.81	24.89	2:43 PM	Poquonnock Rd at Old Farm Rd
2.25	25.33	2:48 PM	Bear left to stay on Poquonnock Rd

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
2.74	25.82	2:54 PM	Turn right to stay on Poquonnock Rd (Rt 1)
3.19	26.27	2:58 PM	Poquonnock Rd at Buddington Rd
3.70	26.78	3:04 PM	Poquonnock Rd at Depot Rd
4.09	27.17	3:08 PM	Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School)
			<b>Groton Town</b>
	27.17	3:08 PM	Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School)
0.28	27.45	3:11 PM	Rt 1 at Ring Dr
0.80	27.97	3:17 PM	Bear left to stay on Rt 1 at Rt 215
1.26	28.43	3:22 PM	Rt 1 at Flanders Rd
1.83	29.00	3:29 PM	Rt 1 at Fishtown Rd
2.50	29.67	3:36 PM	Rt 1 at Highmeadow Ln
2.95	30.12	3:41 PM	Rt 1 at Allyn St/West Mystic Ave
3.31	30.48	3:45 PM	Rt 1 at Water St
3.49	30.66	3:47 PM	Rt 1 at Cottrell St
			<b>Stonington</b>
	30.66	3:47 PM	Rt 1 at Cottrell St
0.09	30.75	3:48 PM	Turn left onto Willow St
0.33	30.99	3:50 PM	Turn left onto Rt 27 (Greenmanville Ave)
0.74	31.40	3:55 PM	Rt 27 (Greenmanville Ave) at Hinkly St
1.02	31.68	3:58 PM	Rt 27 (Greenmanville Ave) at Morgan St
1.49	32.15	4:03 PM	Turn right onto Coogan Blvd
1.59	32.25	4:04 PM	Turn left into Steak Loft/Olde Mystic Village parking lot. <b>End Run.</b>
			<b>CSP and LETR support vehicles continue to Foxwoods Bingo Hall Patio.</b>