

LEG 1
CHESTER TO LEDYARD
Day One, WEDNESDAY, June 4, 2025

| TOWN MILEAGE | RUN MILEAGE | TIME | NOTES |
|--------------|-------------|--------------|--|
| | | START | WHELEN ENGINEERING (51 Winthrop Rd, Chester) Meet between Customer Service & Installation Buildings. Turn right at "T" flashing red light towards Main Entrance. |
| | | 8:00 AM | Begin Run |
| 0.18 | 0.18 | 8:01 AM | Turn right onto CT-145 N (Winthrop Rd) |
| 0.87 | 0.87 | 8:09 AM | Turn right onto CT-148 E (W Main St) |
| 1.65 | 1.65 | 8:18 AM | Rt 148 at Baker Rd & Wig Hill Rd |
| 2.22 | 2.22 | 8:24 AM | Rt 148 at Baker Rd |
| 3.80 | 3.80 | 8:41 AM | Turn right onto Main St |
| 4.14 | 4.14 | 8:45 AM | Main St at School Ln |
| 4.27 | 4.27 | 8:46 AM | Main St at Middlesex Health Primary Care. |
| | | | Pick up and drive to Old Saybrook Park & Ride (in location of Old CT DOT garage) on Middlesex Turnpike and continue run. Lot is on right just after Bokum Ln. 15 Minutes and before Tractor Supply) |
| | | | Old Saybrook |
| 0 | 4.27 | 9:01 AM | Begin run. Right onto VFW Hwy toward CT-154 S |
| 0.04 | 4.31 | 9:02 AM | Turn left onto CT-154 N |
| 2.06 | 6.33 | 9:24 AM | Turn left onto Main St |
| 2.65 | 6.92 | 9:31 AM | Turn right onto Old Boston Post Rd |
| 3.03 | 7.30 | 9:35 AM | Old Boston Post Rd at Cottage Pl |
| 3.49 | 7.76 | 9:40 AM | Turn left onto US-1 S |
| 3.75 | 8.02 | 9:43 AM | Rt 1 at Old Saybrook High School |
| 4.15 | 8.42 | 9:47 AM | Rt 1 at School House Rd |
| 4.89 | 9.16 | 9:55 AM | Left into Cuckoo's Nest. |
| | | | Pick up at drive to 218 Shore Rd, Old Lyme (former Cherry Stone's Restaurant) 25 Minutes |
| | | | Old Lyme |
| 0 | 9.16 | 10:20 AM | 218 Shore Rd. Begin Run. Left on onto Rt 156 |
| 0.45 | 9.61 | 10:25 AM | Rt 156 at Biscayne Blvd |
| 0.9 | 10.06 | 10:30 AM | Rt 156 at Saltaire Dr |
| 1.33 | 10.49 | 10:35 AM | Rt 156 at Hatchett Point Rd |
| 1.9 | 11.06 | 10:41 AM | Rt 156 at Shore Acres Rd |
| 2.1 | 11.26 | 10:43 AM | Rt 156 at Oakridge Dr |
| 2.44 | 11.60 | 10:47 AM | Rt 156 at Mile Creek Rd |
| 2.79 | 11.95 | 10:51 AM | Bear right to stay on Rt 156 |
| 3.77 | 12.93 | 11:02 AM | Rt 156 at Rocky Neck State Park |
| | | | East Lyme |
| | 12.93 | 11:02 AM | Rt 156 at Rocky Neck State Park |
| 0.12 | 13.05 | 11:03 AM | Rt 156 t Giants Neck Rd |
| 1.07 | 14.00 | 11:14 AM | Rt 156 at Fairhaven Rd |

| TOWN MILEAGE | RUN MILEAGE | TIME | NOTES |
|--------------|-------------|----------|--|
| 2.13 | 15.06 | 11:25 AM | Rt 156 at Black Point Rd |
| 2.71 | 15.64 | 11:32 AM | Rt 156 at Pennsylvania Ave |
| 3.81 | 16.74 | 11:44 AM | Rt 156 at West St |
| | | | Waterford |
| 0.00 | 16.74 | 11:44 AM | Rt 156 at West St |
| 0.22 | 16.96 | 11:46 AM | Rt 156 at Millstone Rd |
| 0.95 | 17.69 | 11:54 AM | Rt 156 at Granite Ct |
| 1.37 | 18.11 | 11:59 AM | Rt 156 at Highland Dr |
| 1.90 | 18.64 | 12:05 PM | Rt 156 at N Rd (First Baptist Church) |
| 2.56 | 19.30 | 12:12 PM | Rt 156 at Waterford High School |
| 2.64 | 19.38 | 12:13 PM | Right onto Rt 1 |
| 3.11 | 19.85 | 12:18 PM | Rt 1 at Willetts Ave |
| 3.51 | 20.25 | 12:22 PM | Rt 1 at Bestway Gas Station (6 Boston Post Rd) |
| | | | New London |
| 0.00 | 20.25 | 12:22 PM | Rt 1 at Bestway Gas Station (6 Boston Post Rd) |
| 0.34 | 20.59 | 12:26 PM | Rt 1 (Bank St) at Coleman St |
| 0.54 | 20.79 | 12:28 PM | Rt 1 (Bank St) at Montauk Ave |
| 0.74 | 20.99 | 12:30 PM | Slight right to stay on Bank St |
| 0.80 | 21.05 | 12:31 PM | Bank St at Howard St |
| 1.03 | 21.28 | 12:34 PM | Bank St at Tilley St |
| 1.28 | 21.53 | 12:36 PM | Turn right onto State St (at Whale Tale) |
| | | | Continue across train tracks onto City Pier area. End Run. CSP and LETR support vehicles drive to Nautilus Parking lot located just outside main gate to SUBASE New London. 45 Min |
| | | | Subase New London / Groton |
| | | | CSP and LETR vehicles meet at Nautilus Parking Lot with USN runners. |
| | 21.53 | 1:21 PM | Begin run |
| 0.04 | 21.94 | 1:26 PM | Turn right onto Military Hwy |
| 0.41 | 22.64 | 1:34 PM | Military Hwy at Fulton Dr |
| 1.11 | 22.76 | 1:35 PM | Military Hwy at Horizon Dr |
| 1.23 | 23.08 | 1:38 PM | Military Hwy at Lestertown Rd |
| 1.55 | 23.41 | 1:42 PM | Military Hwy at Grove Ave |
| 1.88 | 23.43 | 1:42 PM | Turn right onto Bridge St |
| 1.90 | 23.45 | 1:42 PM | Right into SUBVETS WWII Memorial |
| | | | CSP and LETR Vehicles pick up and drive to Groton City PD (295 Meridian St, Groton) |
| | | | Groton City |
| | | | Groton City Police Department (30 min lunch break) |
| 0.00 | 23.08 | 2:23 PM | Begin Run |
| 0.14 | 23.22 | 2:25 PM | Turn left onto Meridian St |
| 0.52 | 23.60 | 2:29 PM | Turn left onto Mitchell St |
| 0.70 | 23.78 | 2:31 PM | Mitchell St at Park Ave |
| 1.14 | 24.22 | 2:36 PM | Mitchell St at Hamilton Ave |
| 1.21 | 24.29 | 2:37 PM | Turn left onto Poquonnock Rd Pass by Subway (on the right) |
| 1.81 | 24.89 | 2:43 PM | Poquonnock Rd at Old Farm Rd |
| 2.25 | 25.33 | 2:48 PM | Bear left to stay on Poquonnock Rd |

| TOWN MILEAGE | RUN MILEAGE | TIME | NOTES |
|--------------|-------------|---------|---|
| 2.74 | 25.82 | 2:54 PM | Turn right to stay on Poquonnock Rd (Rt 1) |
| 3.19 | 26.27 | 2:58 PM | Poquonnock Rd at Buddington Rd |
| 3.70 | 26.78 | 3:04 PM | Poquonnock Rd at Depot Rd |
| 4.09 | 27.17 | 3:08 PM | Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School) |
| | | | Groton Town |
| | 27.17 | 3:08 PM | Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School) |
| 0.28 | 27.45 | 3:11 PM | Rt 1 at Ring Dr |
| 0.80 | 27.97 | 3:17 PM | Bear left to stay on Rt 1 at Rt 215 |
| 1.26 | 28.43 | 3:22 PM | Rt 1 at Flanders Rd |
| 1.83 | 29.00 | 3:29 PM | Rt 1 at Fishtown Rd |
| 2.50 | 29.67 | 3:36 PM | Rt 1 at Highmeadow Ln |
| 2.95 | 30.12 | 3:41 PM | Rt 1 at Allyn St/West Mystic Ave |
| 3.31 | 30.48 | 3:45 PM | Rt 1 at Water St |
| 3.49 | 30.66 | 3:47 PM | Rt 1 at Cottrell St |
| | | | Stonington |
| | 30.66 | 3:47 PM | Rt 1 at Cottrell St |
| 0.09 | 30.75 | 3:48 PM | Turn left onto Willow St |
| 0.33 | 30.99 | 3:50 PM | Turn left onto Rt 27 (Greenmanville Ave) |
| 0.74 | 31.40 | 3:55 PM | Rt 27 (Greenmanville Ave) at Hinkly St |
| 1.02 | 31.68 | 3:58 PM | Rt 27 (Greenmanville Ave) at Morgan St |
| 1.49 | 32.15 | 4:03 PM | Turn right onto Coogan Blvd |
| 1.59 | 32.25 | 4:04 PM | Turn left into Steak Loft/Olde Mystic Village parking lot. End Run. |
| | | | CSP and LETR support vehicles continue to Foxwoods Bingo Hall Patio. |