

LEG 7
HAMDEN TO NEWINGTON
(CONTINUE TO WEST HARTFORD)
 Day Two, THURSDAY, June 4, 2026

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
		START	HAMDEN
			Farmington Canal Parking; 4340 Farmington Canal Heritage Trail <i>(Off of Sherman Ave)</i>
0	0	8:30 AM	Right onto Sherman Ave
0.3	0.3	8:33 AM	Left onto Rte 10
0.8	0.8	8:38 AM	Rt 10 at Mt. Carmel Ave
1.3	1.3	8:44 AM	Rt 10 at Todd St
1.8	1.8	8:49 AM	Rt 10 at Tuttle Ave
2.1	2.1	8:53 AM	Rt 10 at River Rd
2.4	2.4	8:56 AM	Rt 10 at Brooksvale Ave
2.9	2.9	9:01 AM	Rt 10 at Willow St
3.2	3.2	9:05 AM	Rt 10 at Knoll Road (Christian Rendario Park)
			CHESHIRE
0	2.9	9:15 AM	Cheshire begins running - Right onto Rt 10
0.5	3.4	9:17 AM	Rt 10 at Fenn Road
1	3.9	9:22 AM	Rt 10 at Cook Hill Rd
1.5	4.4	9:28 AM	Rt 10 at Deanarose Pl
1.88	4.78	9:32 AM	Rt 10 at Mansion Rd
2.32	5.22	9:37 AM	Rt 10 at Higgins Rd
2.6	5.5	9:40 AM	Rt 10 at Cheshire High School
3.26	6.16	9:47 AM	Rt 10 at Rt 68
3.75	6.65	9:53 AM	Rt 10 at E Mitchell Ave
4.2	7.1	9:58 AM	Rt 10 Cheshire PD (500 Highland Ave)
4.7	7.6	10:03 AM	Rt 10 at Brook Ln
5.25	8.15	10:09 AM	Rt 10 at Jarvis St
5.55	8.45	10:12 AM	Cheshire Park (1054 Rte 10)
6.05	8.95	10:18 AM	Rt 10 at Industrial Ave
6.62	9.52	10:24 AM	Rt 10 at Schoolhouse Rd
7.27	10.17	10:31 AM	Rt 10 at E Johnson Ave
7.49	10.39	10:34 AM	Rt 10 at I 691
7.6	10.5	10:35 AM	Milldale Park & Ride (1996 Highland Ave) BREAK 30 minutes
			SOUTHINGTON
0	8.45	11:12 AM	Southington begins running - Right onto Rt 10
0.23	8.68	11:15 AM	Bear left onto Rt 10 (Cheshire Rd)
0.81	9.26	11:21 AM	Rt 10 at Clark St
1.03	9.48	11:23 AM	Rt 10 at Mulberry St
2.02	10.47	11:34 AM	Right onto Main St
2.29	10.74	11:37 AM	Main St at Carter Ln
2.85	11.3	11:43 AM	Left to stay on Rt 10
3.28	11.73	11:48 AM	Rt 10 at Berlin Ave

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
3.67	12.12	11:52 AM	Right onto Hobart St
4.1	12.55	11:57 AM	Hobar St at Dawn Ln
4.75	13.2	12:04 PM	Right onto Pleasant St
5.3	13.75	12:10 PM	Pleasant St at Grace United Methodist Church
5.56	14.01	12:13 PM	Pleasant St at CT-364 E (Berlin St)
			Pick up and drive to Noton Rd & Winesap Road
			BERLIN
0	14.01	12:28 PM	Berlin begins running - Norton Rd & Winesap Road
0.6	14.61	12:35 PM	Norton Rd at Castlewood Dr
1.2	15.21	12:41 PM	Norton Rd at Kensington Rd
1.9	15.91	12:49 PM	Norton Rd at Denehey Field
2.1	16.11	12:51 PM	Turn Left onto Lower Lane
2.6	16.61	12:57 PM	Lower Lane at Patterson Way (BHS)
3.1	17.11	1:02 PM	Lower Lane at Farmington Ave (Veterans Way)
3.3	17.31	1:04 PM	Turn Left onto Massirio Dr
3.4	17.41	1:06 PM	Turn Right onto Christian In
4	18.01	1:12 PM	Christian Ln at Deming Rd
4.6	18.61	1:19 PM	Christian Ln at New Britain Animal Control
			LUNCH @ Animal Control - then p/u & drive to South Street & Peter Court
			NEW BRITAIN
0	18.61	1:55 PM	Return to run @ South St. & Peter Court; turn right onto South Street
0.1	18.71	1:56 PM	Turn right onto S Main St
0.5	19.11	2:00 PM	S Main St at Ellis St (7-11 on corner)
0.8	19.41	2:04 PM	Slight right onto Franklin Square at Whiting St (Dunkin on corner)
1	19.61	2:06 PM	Turn left onto Main St
1.1	19.71	2:07 PM	Main St at Arch St
1.2	19.81	2:08 PM	Main St at Bank St
1.4	20.01	2:10 PM	Turn right on East Main Street
2.1	20.71	2:18 PM	Turn right into PAPA'S DODGE - run through parking lot
2.2	20.81	2:19 PM	Exit Parking lot, take right onto E Main St
2.6	21.21	2:23 PM	Turn left onto East St
2.9	21.51	2:27 PM	East St at City Ave
3.5	22.11	2:33 PM	East St at St. Clair Ave
4	22.61	2:39 PM	East St at Elmer's Place (1433 East St, New Britain)
			NEWINGTON
0	22.61	2:49 PM	Newington begins run - Right onto East St
0.2	22.81	2:51 PM	Rt 175 (Cedar St)at Fenn Rd
1	23.61	3:00 PM	Rt 175 (Cedar St) at Vincent Dr
1.5	24.11	3:05 PM	Rt 175 (Cedar St) at Rt 173 (Willard Ave)
2	24.61	3:11 PM	Left into Dollar Tree parking lot. End Run.
			CSP and LETR support vehicles contiuue to West Hartford Town Hall