

LEG 8
CLINTON TO NEW HAVEN
Day Three, FRIDAY, June 5, 2026

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
		START	CLINTON
			Clinton Police Department (170 E Main St, Clinton)
0.00	0.00	11:00 AM	Left onto Rt 1 / Main St
0.55	0.55	11:06 AM	Rt 1 at Church Rd
0.86	0.86	11:09 AM	Rt 1 at Hull St
1.38	1.38	11:15 AM	Rt 1 at Knollwood Dr
1.61	1.61	11:17 AM	Rt 1 at Highland Dr
1.99	1.99	11:21 AM	Rt 1 at Cottage Rd
			MADISON
0.00	1.99	11:21 AM	Rt 1 at Cottage Rd
0.57	2.56	11:28 AM	Rt 1 at Mill Rd
1.27	3.26	11:35 AM	Rt 1 at Signal Hill Rd
1.93	3.92	11:43 AM	Rt 1 at Lovers Ln
2.48	4.47	11:49 AM	Rt 1 at Wall St
3.03	5.02	11:55 AM	Rt 1 at Britton Ln
3.52	5.51	12:00 PM	Rt 1 at Jannas Ln
4.08	6.07	12:06 PM	Rt 1 at Maplewood Ln
4.48	6.47	12:11 PM	Rt 1 at Mungertown Rd
5.06	7.05	12:17 PM	Rt 1 at Wildwood Ave
5.57	7.56	12:23 PM	Rt 1 at East River Rd
			GUILFORD
0.00	7.56	12:23 PM	Rt 1 at East River Rd
0.55	8.11	12:29 PM	Rt 1 at Tanner Marsh Rd
0.86	8.42	12:32 PM	Rt 1 at Goose Ln
1.80	9.36	12:42 PM	Rt 1 at State St
2.14	9.70	12:46 PM	Rt 1 at N River St
2.37	9.93	12:49 PM	Rt 1 at Long Hill Rd
3.18	10.74	12:58 PM	Rt 1 at 95 Overpass
3.93	11.49	1:06 PM	Rt 1 at Flag Marsh Rd
4.53	12.09	1:12 PM	Rt 1 at New England Rd
5.26	12.82	1:21 PM	Rt 1 at Jefferson Dr
5.84	13.40	1:27 PM	Rt 1 at Bill Miller's Castle (45 Minute Lunch Break)
			BRANFORD
0.00	13.40	2:12 PM	Rt 1 at Bill Miller's Castle. Return to Run
0.60	14.00	2:19 PM	Rt 1 at Baldwin Dr
1.30	14.70	2:26 PM	Rt 1 at School Ground Rd
2.09	15.49	2:35 PM	Rt 1 at Rt 139
3.04	16.44	2:45 PM	Rt 1 at Mill Plain Rd
3.31	16.71	2:48 PM	Turn left onto E Main St
3.40	16.80	2:49 PM	E Main St at Branford High School

TOWN MILEAGE	RUN MILEAGE	TIME	NOTES
3.73	17.13	2:53 PM	E Main St at Beach Pl
4.14	17.54	2:57 PM	E Main St at Park Pl
4.71	18.11	3:04 PM	Main St at Lincoln Ave
5.12	18.52	3:08 PM	Turn left onto US-1 S
5.70	19.10	3:15 PM	Rt 1 at Orchard hill Rd
6.25	19.65	3:21 PM	Rt 1 at Mona Ave
7.12	20.52	3:30 PM	Turn left onto Main St
7.17	20.57	3:31 PM	Main St at Farm River Rd
			EAST HAVEN
0.00	20.57	3:31 PM	Main St at Farm River Rd
0.30	20.87	3:34 PM	Main St at Hemingway Ave (Town Green)
0.53	21.10	3:37 PM	Main St at High St
1.09	21.66	3:43 PM	Main St at Kimberly Ave
1.47	22.04	3:47 PM	Main St at Boston Ave
1.58	22.15	3:48 PM	Main St at Terrace (McDonalds)
			NEW HAVEN
0.00	22.15	3:48 PM	Main St at Terrace (McDonalds)
0.24	22.39	3:51 PM	Main St at Beacon Ave
0.33	22.48	3:52 PM	Turn right onto Townsend Ave
0.39	22.54	3:52 PM	Turn left onto Forbes Ave (Rt 1)
0.49	22.64	3:54 PM	Forbes Ave at Woodward Ave
0.95	23.10	3:59 PM	Forbes Ave at Wheeler St
1.67	23.82	4:07 PM	(Forbes Ave becomes Water St) Water St at East St
2.00	24.15	4:10 PM	Water St at Brown St
2.20	24.35	4:12 PM	Turn right onto Olive St
2.38	24.53	4:14 PM	Turn left onto Chapel St
2.87	25.02	4:20 PM	Chapel St at College St
3.25	25.40	4:24 PM	Turn right onto Howe St
3.53	25.68	4:27 PM	Turn left onto Whalley Ave
3.96	26.11	4:32 PM	Whalley Ave at County St
4.30	26.45	4:35 PM	Turn right onto Norton St
4.95	27.10	4:43 PM	Slight left onto Crescent St
5.16	27.31	4:45 PM	Crescent St at Fournier St
5.61	27.76	4:50 PM	Turn left onto Fitch St
5.70	27.85	4:51 PM	Turn right into SCSU Ethnic Hertiage Center. End Run.