

LEG 9
NEW MILFORD TO BETHANY
 Day Three, FRIDAY - June 5, 2026

TOWN MILEAGE	RUN MILEAGE	TIME	RUN TIME	NOTES
		START		NEW MILFORD
		7:30 AM		New Milford Town Hall (10 Main St, New Milford)
0	0.03	7:30 AM	0:00	Left onto Main St
0.06	0.23	7:32 AM	0:02	Right onto Bridge St/202
0.46	0.89	7:39 AM	0:09	Turn left onto US-202 W/US-7 S
1	2.21	7:54 AM	0:24	Rt 202/Rt 7 at Sunny Valley Rd
1.45	1.45	7:45 AM	0:15	Rt 202/Rt 7 at Tractor Supply
2.35	2.77	8:00 AM	0:30	Rt 202/Rt 7 at Blue Bonnet Knolls
2.73	3.14	8:04 AM	0:34	Rt 202/Rt 7 at Chatsworth Village
3.38	3.79	8:11 AM	0:41	Rt 202/Rt 7 at Sullivan Rd
4	4.19	8:16 AM	0:46	Rt 202/Rt 7 at Larson Rd
4.24	4.65	8:21 AM	0:51	Rt 202/Rt 7 at Candlewood Lake Rd
5.07	5.07	8:25 AM	0:55	Rt 202/Rt 7 at Valley Golf Center
5.63	5.82	8:34 AM	1:04	Rt 202/Rt 7 at Fairth Church (lot at Brookfield town line)
				BROOKFIELD
0	5.82	8:34 AM	1:04	Rt 202/Rt 7 at Fairth Church (lot at Brookfield town line)
0.29	6.11	8:37 AM	1:07	Left onto Rt 202/Federal Rd
0.7	6.52	8:41 AM	1:11	Federal Rd at The Goddard School of Brookfield
1.49	7.31	8:50 AM	1:20	Federal Rd at Station Rd
1.97	7.79	8:55 AM	1:25	Federal Rd at Laurel Hill Rd
2.15	7.97	8:57 AM	1:27	Federal Rd at Rt 7 Overpass
2.64	8.46	9:03 AM	1:33	Federal Rd at Elbow Hill Rd/Silvermine Rd
2.92	8.74	9:06 AM	1:36	Federal Rd at Pine Ridge
3.52	9.34	9:12 AM	1:42	Federal Rd at Rt 133
4.16	9.98	9:19 AM	1:49	Federal Rd at Advance Auto Parts
4.41	10.23	9:22 AM	1:52	Federal Rd at Sandy Ln (Costco)
5.13	10.95	9:30 AM	2:00	Federal Rd at Candwood Lake Rd
5.73	11.55	9:37 AM	2:07	Stew Leonard's (99 Federal Rd, Danbury)
				DANBURY
0	11.55	9:37 AM	2:07	Stew Leonard's (99 Federal Rd, Danbury)
0.4	11.95	9:41 AM	2:11	Federal Rd at Golfview Dr
0.86	12.41	9:46 AM	2:16	Federal Rd at Danbury Harley Davidson
1.36	12.91	9:52 AM	2:22	Federal Rd at Swanson Ave
1.87	13.42	9:57 AM	2:27	Federal Rd at Morgan Ave
2.48	14.03	10:04 AM	2:34	Bear right onto White St
3.14	14.69	10:11 AM	2:41	Federal Rd at Moss Ave
3.53	15.08	10:15 AM	2:45	Turn left onto Main St
3.82	15.37	10:19 AM	2:49	Main St at Danbury Public Library
4.41	15.96	10:25 AM	2:55	Turn left onto South St
4.65	16.2	10:28 AM	2:58	Turn right to stay on South St (53 South)
4.98	16.53	10:31 AM	3:01	Right to stay on South/Rt 53
5.37	16.92	10:36 AM	3:06	South St at Lawrence Ave
5.82	17.37	10:41 AM	3:11	South St becomes Grassy Plain St at Brainbridge Blvd
				BETHEL
0	17.37	10:41 AM	3:11	South St becomes Grassy Plain St at Brainbridge Blvd
0.44	17.81	10:45 AM	3:15	Turn left Rt 302 (Greenwood Ave)

TOWN MILEAGE	RUN MILEAGE	TIME	RUN TIME	NOTES
0.79	18.16	10:49 AM	3:19	Rt 302 at Blackman Ave
1.42	18.79	10:56 AM	3:26	Rt 302 at Chestnut St
1.64	19.01	10:59 AM	3:29	Stay straight on Rt 302 at intersection with Oxford St/Topstone Dr
1.94	19.31	11:02 AM	3:32	Turn right onto Milwaukee Ave
2.17	19.54	11:04 AM	3:34	Rt 302 at Rt 58 (Putnam Park Rd/Judd Ave)
3	20.37	11:14 AM	3:44	Rt 302 at Windaway Rd
3.59	20.96	11:20 AM	3:50	Rt 302 at Codfish Hill Rd
4.11	21.48	11:26 AM	3:56	Approximate town line
4.46	21.83	11:30 AM	4:00	Rt 302 at Dodgingtown Market/Dodingtown Fire (57 Dodgingtown Rd)
				NEWTOWN
0	21.83	11:30 AM	4:00	Rt 302 at Dodgingtown Market/Dodingtown Fire (57 Dodgingtown Rd)
0.67	22.5	11:37 AM	4:07	Rt 302 at Hattertown Rd - bear left to stay on 302
1	22.83	11:41 AM	4:11	Rt 302 at Newtown Christian Church
1.46	23.29	11:46 AM	4:16	Rt 302 at Key Rock Rd
1.92	23.75	11:51 AM	4:21	Rt 302 at Sugar Hill Rd
2.27	24.1	11:55 AM	4:25	Rt 302 at Head of Meadow Rd
3.41	25.24	12:07 PM	4:37	Rt 302 at Boggs Hill Rd
3.95	25.78	12:13 PM	4:43	Rt 302 at Rt 25/main St - continue straight onto Glover Ave
4.19	26.02	12:16 PM	4:46	Left onto Queen St
4.46	26.29	12:19 PM	4:49	Turn right onto Rt 6 (Church Hill Rd)
5.1	26.93	12:26 PM	4:56	Turn right into Blue Colony Diner
				Pick up and drive to CSP Troop A (I-84 E, exit 14) - LUNCH
				SOUTHBURY
				Return to Run. CSP Troop A
0	26.93	1:06 PM	4:56	Left onto Lakeside Rd
0.21	27.14	1:08 PM	4:58	Turn right onto Main St S
0.61	27.54	1:12 PM	5:02	Main St at Brown Rd
0.82	27.75	1:15 PM	5:05	Main St at Pomperaug Elementary School
2	28.93	1:28 PM	5:18	Turn right to follow Main St onto Rt 67
2.66	29.59	1:35 PM	5:25	Rt 67 at Jeremy Swamp Rd
3.61	30.54	1:45 PM	5:35	Rt 67 at Fair View Commons
4.09	31.02	1:51 PM	5:41	Rt 67 at Curt Smith Rd
4.6	31.53	1:56 PM	5:46	Rt 67 at Burma Rd
5.11	32.04	2:02 PM	5:52	Rt 67 at Rt 188 - Bearingstar Insurance (1450 Southford Rd)
				Pick up & drive to Road Runners (formerly Mobile) 1 Oxford Rd, Oxford
				SEYMOUR
0.00	32.04	2:25 PM	5:52	Return to Run - Seymour PD - Rt 67 at Mobil (1 Oxford Rd, Oxford)
0.49	32.53	2:30 PM	5:57	Rt 67 at Church St
0.85	32.89	2:34 PM	6:01	Rt 67 at Rt 8 - Turn left
1.58	33.62	2:42 PM	6:09	Rt 67 at Pearl St/ North St
2.33	34.37	2:51 PM	6:18	Rt 67 at Cogwheel Ln
2.37	34.41	2:51 PM	6:18	town line
3.27	35.31	3:01 PM	6:28	Rt 67 at Peck Hill Rd
				Pick up and drive to CSP Troop I
				BETHANY
0.00	35.31	3:01 PM	6:28	Return to Run - Troop I
0.40	35.71	3:05 PM	6:32	Rt 63 at Falls Rd
0.90	36.21	3:11 PM	6:38	Rt 63 at Peck Rd
1.30	36.61	3:15 PM	6:42	Rt 63 at Dayton Rd
1.93	37.24	3:22 PM	6:49	Rt 63 at Luke Hill Rd
2.30	37.61	3:26 PM	6:53	Rt 63 at Russell Rd
2.80	38.11	3:32 PM	6:59	Laticrete International - 91 Amity Road, Bethany