



Raise \$1,000



1

Sponsor yourself for \$50

2

Ask 4 family members to contribute \$50

3

Ask 5 co-workers to contribute \$20

4

Ask 5 people from your social group or church to donate \$20

5

Ask 10 people who follow you on social media to donate \$20

6

Ask 3 professional contacts to donate \$50

7

Ask 5 businesses that you visit frequently to donate \$20

8

Ask 5 friends to contribute \$20