



About Special Olympics Connecticut

- Special Olympics Connecticut provides year-round sports training and competition opportunities for close to 13,000 athletes (individuals with intellectual disabilities) and Unified Partners (individuals without intellectual disabilities who are the athletes' teammates).
- In addition to its traditional sports programs for individuals with intellectual disabilities, the Special Olympics Unified Sports® program brings athletes with and without intellectual disabilities together to play sports, gain physical fitness, and develop friendships. Special Olympics Unified Sports® is offered in communities across Connecticut, for individuals of all ages.
- Special Olympics Unified Sports® is also offered in over 90 % of high schools across the state, through Special Olympics Connecticut's partnership with the Connecticut Interscholastic Athletic Conference. The program also provides elementary and middle school students the opportunity to participate in sports with their peers of different abilities and helps to create a more positive and inclusive school climate.
- Special Olympics offers 27 Olympic-type sports and hosts four state games annually, among other competitions. The state games include Summer Games, Winter Games, the Unified Sports® Fall Festival and the Unified Sports® Holiday Classic.
- Athletes also have opportunities to compete globally - at Special Olympics' USA and World Games. Four athletes from Connecticut have been selected to participate in the 2017 Special Olympics World Games in Austria.
- Special Olympics is sports and so much more. It is a movement that transforms lives by inspiring inclusion, understanding and respect for people of all abilities, both on and off the playing field.
- Special Olympics also promotes a healthy lifestyle by providing free health screenings at events, and helping participants gain self-esteem and develop life-changing athletic and social skills.
- Website: www.soct.org
- Follow us on Facebook (facebook.com/SpecialOlympicsCT), Twitter (twitter.com/SOCTconnecticut) and Instagram (SpecialOlympicsCT)
- All are invited to become involved as an athlete, partner, coach, volunteer, supporter or fan!
- Special Olympics is about revealing the champion in all of us.