

**Special
Olympics**
Connecticut



2019 Unified Sports[®] Holiday Classic



Event Guide



Unified Volleyball



Unified Basketball



Powerlifting



Bowling

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Venues

Quinnipiac University

Hamden Hall Beckerman Athletic Center

Bowlero Milford

AMF Circle Lanes, East Haven

Gleason Performance Training

***Special
Olympics
Connecticut***



Master Schedule

Saturday November 23, 2019

Opening Ceremonies

9:00 a.m.	Bowling
9:00 a.m.	Unified Volleyball
9:45 a.m.	Unified Basketball
1:00 p.m.	Bowling

Competition

8:00 a.m. - 7:00 p.m.	Unified Basketball
9:15 a.m. - 12:30 p.m.	Traditional Bowling (& Awards)
10:00 a.m. - 4:00 p.m.	Unified Volleyball (& Awards)
1:15 p.m. - 4:30 p.m.	Traditional Bowling (& Awards)

Sunday November 24, 2019

Opening Ceremonies

9:00 a.m.	Bowling
9:00 a.m.	Unified Volleyball
10:00 a.m.	Powerlifting
1:00 p.m.	Bowling

Competition & Awards

8:00 a.m. - 5:00 p.m.	Unified Basketball (& Awards)
9:15 a.m. - 12:00 p.m.	Unified Bowling (& Awards), East Haven
9:15 a.m. - 12:00 p.m.	Traditional Team Bowling (& Awards) Milford
9:30 a.m. - 2:30 p.m.	Unified Volleyball (& Awards)
10:30 a.m. - 2:00 p.m.	Powerlifting (& Awards)
1:15 p.m. - 4:00 p.m.	Unified Bowling (& Awards), East Haven and Milford

Let's stay connected!!!

Visit us on the web at : www.soct.org

Be a Fan on Facebook: <http://www.facebook.com/SpecialOlympicsCT>

Follow us on Twitter: SOCTconnecticut



General Information

OPERATIONS

Open during Competition Hours; please call Donna Goodspeed: 860-834-1519

INCLEMENT WEATHER PROCEDURE

Please call 203-230-1201, or access www.rainedout.com for any changes due to weather.

Announcements will also be posted on Facebook and Twitter.

www.rainedout.com; search for Special Olympics Connecticut; click on our name in Preferred Results; sign up & agree to terms; you will get a text message with a code for the next step; choose the group—Local Programs and you will be all set.

ATHLETE SCRATCHES

- There will be no reimbursement of fees for any scratches after the scratch deadline on **November 2**- Please send athlete scratches to susanm@soct.org or fax to (203) 230-1202.
- Scratches should be reported at on-site registration the day of the event. There can be no changes to team sports rosters after the Divisioning tournaments for Unified Basketball and Volleyball.

LOST ATHLETE

Any athlete who is lost should be escorted to the following areas:

Bowling Centers - Main Desk

Quinnipiac University - Registration Area

Hamden Hall —Registration Area

Gleason Performance Training— Registration Area

Coaches should notify officials immediately at the above sites concerning lost athletes.

LOST & FOUND

All lost and found items will be brought to the Registration Areas at the various venues. After the Unified Sports Holiday Classic, all lost and found items will be at SOCT Headquarters in Hamden. Contact David Pellino at davidp@soct.org to claim any lost items.

General Information

LUNCH

See specific venue schedules for lunch time and menus. Families must provide their own meals or purchase meals at the concession areas or available food trucks.

BASKETBALL- Quinnipiac University- Café Q

VOLLEYBALL - Hamden Hall Beckerman Athletic Center all purpose room

POWERLIFTING - On site

NO LUNCHESS WILL BE SERVED AT BOWLING. Concessions are available.

AWARDS

SATURDAY - Awards will be presented for Traditional Singles Bowling and Unified Volleyball.

SUNDAY - Awards will be presented for Unified Volleyball, Unified Basketball, Unified and Traditional Team Bowling and Traditional & Unified Powerlifting.

Medals are not available for coaches.

Special Events

OPENING CEREMONIES

Opening ceremonies will take place at each venue. See Master Schedule or individual sports page for details.

SOUVENIRS

Please visit the merchandise tables at the following locations and times:

November 23 — 9:00am—3:00pm at all venues

November 24 — 9:00am—3:00pm Bowlero , Milford & AMF Circle Lanes, East Haven

EVALUATION SURVEY

Please be sure to watch for the e-mail including the link to the evaluation document after the games. Your feedback is very valuable for future planning.

WEBSITE AND E-NEWSLETTER

Please be sure to visit our website, www.soct.org, for more information about Special Olympics Connecticut and to sign-up for our monthly e-newsletter!

Unified Basketball

Quinnipiac University (Recreation Center)
275 Mt. Carmel Ave, Hamden, CT 06518

VENUE SPONSOR: 

SPONSOR LIASON:

COMPETITION DIRECTORS: JIM REYNOLDS

PORTS RULES COMMITTEE: JIM REYNOLDS, KATIE DENNETT

5v5: 18 minute halves/stop time last 2 minutes in each half, stop clock each half.

SATURDAY, NOVEMBER 23, 2019

7:30 a.m. Registration
8:00 a.m. - 7:00 p.m. Competition
9:30 a.m.– 4:00p.m. Healthy Athletes:
UConn School of Dental Medicine will provide a
Special Smiles screening to all athletes, 2nd Floor
(Studio A)
9:45 a.m. Opening Ceremonies
11:30 a.m. - 1:30 p.m. Lunch will be sandwiches, fruit and beverages. Served at
Café Q in the dining hall.

Teams must arrive 1/2 hour prior to their first game or Opening Ceremonies (whichever comes first).

SUNDAY, NOVEMBER 24, 2019

8:00 a.m. - 5:00 p.m. Competition and Awards
9:30 a.m.– 1:00 p.m. Healthy Athletes: Special Smiles Screening– 2nd Floor
(Studio A)
11:30AM-1:30 p.m. Lunch
****Awards will be presented after each medal game****

We are excited to have Ben & Jerrys- www.benjerry.com/newhaven (both days)

Please let Sara Pierson know ASAP if your team will not be having lunch- sarap@soct.org

Programs are asked to please clean up after themselves in the Recreation Center and Main Gym. Please remember we are guests of these venues.

Unified Volleyball

Hamden Hall Beckerman Athletic Center
225 Skiff Street, Hamden, CT 06517

VENUE SPONSOR:



SPONSOR LIAISON: FRANK DEFASIO
COMPETITION DIRECTORS: LISA ARONSON
SPORTS RULES COMMITTEE: ANNETTE ST. LOUIS, LISA ARONSON

SATURDAY, NOVEMBER 23, 2019

8:00AM - 8:30AM	Registration & Check-In
9:00AM - 9:30AM	Opening Ceremonies
9:30AM	Coaches Meeting
10:00AM - 4:00PM	Competition & Awards
10:00AM - 3:00PM	Healthy Athletes— Strong Minds
11:30AM - 1:30PM	Lunch in All-Purpose room

SUNDAY, NOVEMBER 24, 2019

9:00– 9:30 AM	Opening Ceremonies
9:30AM	Coaches Meeting
9:30AM - 2:00PM	Competition and Awards
10:00am-2:00pm	Healthy Athletes—FUNfitness
11:30AM - 1:30PM	Lunch in All-Purpose room

Lunch will be sandwiches, fruit and beverages.

PLEASE NOTE THAT ONLY WATER IS ALLOWED IN THE GYM

Traditional & Unified Powerlifting

Gleason Performance Training
38 Commerce Street, Derby CT

COMPETITION DIRECTOR: CHRIS CAPOBIANCO
SPORTS RULES COMMITTEE: CHRIS CAPOBIANCO
VINCENT DIZENZO
PHIL ROMERSA
CLAY GREGORY

SUNDAY, NOVEMBER 24, 2019

8:00AM - 8:30AM	Registration
9:30AM	Meeting with Scorekeepers & Announcer
10:00AM	Opening Ceremonies
10:00AM	Weigh In of Athletes and Rules Clinic
10:30AM - 2:00PM	Competition
1:00PM	Lunch

TRADITIONAL & UNIFIED Bowling

Bowlero Lanes, Milford
1717 Boston Post Rd, Milford, CT 06460

VENUE SPONSOR:



COMPETITION DIRECTORS: JOHN GOMES & ARLINE BRADLEY

SPORTS RULES COMMITTEE: ARLINE BRADLEY

JOHN GOMES

SATURDAY, NOVEMBER 23, 2019- TRADITIONAL SINGLES AND RAMP BOWLERS

SUNDAY, NOVEMBER 24, 2019 - MORNING: TRADITIONAL DOUBLES AND 4 PERSON TEAMS;
AFTERNOON: UNIFIED DOUBLES & 4 PERSON TEAMS

AM SESSION

8:15AM - 8:45AM On-site Registration and Practice
9:00AM Opening Ceremonies
9:15AM - 12:30PM Competition and Awards

PM SESSION

12:45PM - 1:00PM On-site Registration and Practice
1:00PM Opening Ceremonies
1:15PM - 4:30PM Competition and Awards

Upon arriving at the lanes for either the AM or PM sessions, all athletes are to go directly to their pre-assigned lanes. All Head Coaches should go directly to the registration area located to the left at Lanes 2 & 3. Please look for the Coaches-Check in sign located in the front lobby.

Please DO NOT arrive before 12:30PM for afternoon registration

Warm-ups will take place prior to Opening Ceremonies

Traditional Bowlers will bowl **2** games.

Unified Bowlers will bowl **3** games.

(Handicap scores will be used with all Unified results.)

**** LUNCH IS NOT PROVIDED ****

Athletes need to eat before arriving or after competition.

Please do not have your athletes eat during competition as food is not allowed on the lanes.

SATURDAY, NOVEMBER 23, 2019

MILFORD - AMF LANES

A.M. - MILFORD

TRADITIONAL SINGLES

8:15 - 12:30

Ability Beyond
Darien
New Milford
North Haven
Our Vision Westport
Ridgefield
Waterbury
Watertown
Whole Life
Manchester

P.M. - MILFORD

TRADITIONAL SINGLES

12:30 - 4:45

Bristol
Danbury
Greater Middletown
Newington
Oxford
West Hartford

SUNDAY, NOVEMBER 24, 2019

MILFORD - AMF LANES

A.M. - MILFORD

TRADITIONAL TEAMS

8:15 - 12:30

Chapel Haven Schleifer Center
Enfield
Hamden
LARC
Mansfield Tolland
Marrakech
Newington
Quinebaug Valley
Southbury Training School
Trumbull
West Haven

P.M. - MILFORD

UNIFIED DOUBLES & TEAMS

12:30 - 4:45

Chapel Haven	Enfield
Hamden	Glastonbury
LARC	Groton
Manchester	West Haven
Mansfield Tolland	
Marrakech	
Greater Middletown	
Newington	
Quinebaug Valley	
Shelton	
Trumbull	
West Hartford	

TRADITIONAL & UNIFIED Bowling

AMF Circle Lanes

525 Main Street, East Haven, CT 06512



VENUE SPONSOR:

VENUE DIRECTOR: KEVIN FITZGERALD
COMPETITION DIRECTOR: SCOTT GOLDIN
SPORTS RULES COMMITTEE: JEFF GILL
DAVE CAMPBELL

SATURDAY, NOVEMBER 23, 2019 TRADITIONAL SINGLES AND RAMP BOWLERS

SUNDAY, NOVEMBER 24, 2019 - UNIFIED TEAMS

AM SESSION

8:15 a.m. - 8:45 a.m. On-site Registration and Practice
9:00 a.m. Opening Ceremonies
9:15 a.m. - 12:30 p.m. Competition and Awards

PM SESSION

12:45 p.m. - 1:00 p.m. On-site Registration and Practice
1:00 p.m. Opening Ceremonies
1:15 p.m. - 4:30 p.m. Competition and Awards

Upon arriving at the lanes for either the AM or PM session, all athletes are to go directly to their pre-assigned lanes. All Head Coaches should go directly straight ahead to the check in.

Please do not arrive before 12:30PM for the afternoon registration

Warm-ups will take place prior to Opening Ceremonies

Traditional bowlers will bowl **2** games.

Unified Bowlers will bowl **3** games.

(Handicap scores will be used with all Unified results.)

**** NO LUNCH WILL BE PROVIDED ****

Athletes need to eat before arriving or after competition.
Please do not have your athletes eat during competition as food is not allowed on the lanes.

SATURDAY, NOVEMBER 23, 2019

EAST HAVEN - CIRCLE LANES

A.M. - EAST HAVEN

TRADITIONAL SINGLES

8:15 - 12:30

Ability Beyond

East Hartford

Glastonbury

Groton

Mid State

Mystic Ledyard

Southington Sports Club

P.M. - EAST HAVEN

TRADITIONAL SINGLES

12:30 - 4:45

ARC of Eastern CT

Colchester

Enfield

Hamden

Marrakech

Norwich

Simsbury

South Windsor

Trumbull

West Haven

Windsor

SUNDAY, NOVEMBER 24, 2019

EAST HAVEN - CIRCLE LANES

A.M. - EAST HAVEN

UNIFIED TEAMS

8:15 - 12:30

Enfield

Mid State

Norwich

Plainfield

West Haven

P.M. - EAST HAVEN

UNIFIED TEAMS

12:30 - 4:45

Mystic Ledyard

Norwalk

Oxford

Suffield

Medical & Safety Information

Emergency Evacuation Procedure

In the event of a life threatening or dangerous situation, the decision to evacuate a venue facility will be made by SOCT staff, Venue Director, and appropriate Security and Public Safety personnel.

Medical Emergencies

Contact the Operations Center or report to the Medical area at each venue in the event of a medical emergency.

Area Hospitals

Yale New Haven Hospital..... (203) 688-4242

Yale New Haven Hospital Campus of St. Raphael (203) 789-3000

MEDICATION GUIDELINES

- * All athletes who require medication must bring it to each Special Olympics events.
- * Medications must be presented in pharmacist's labeled containers listing dosage instructions. Blister or bubble packs are preferred instead of bottles (these LOA or vacation packs can be requested from a pharmacy for a weekend's supply). If unable to get a bubble pack, each bottle of medication should only have enough for the weekend plus an extra dose.
- * Medications should be brought to a Special Olympics event in a sealed bag labeled with the athlete's name and local program.
- * Only essential medication should be brought to a Special Olympics event. Non-essential medications such as vitamins, medicated shampoo, cream, powder, mouth rinse, etc., should be left at home. Physicians can be asked for a drug holiday from such non-essential medications.
- * A Medication Information Form needs to be signed by the parent, guardian or group home staff member identifying the need for administration of any necessary medications. This form will also list all medications and when they are to be given during a Special Olympics event.

ATHLETES WHO CAN SELF-ADMINISTER MEDICATION (an individual who is able to take medication with minimal prompting)

- * Any athlete who can self-administer, must self-administer medication.
- * A coach should be available to remind athlete of time to take medication.

ATHLETES WHO CANNOT SELF-ADMINISTER MEDICATION

- * Athletes must go to event's central medical facility to have medication administered unless the local program has a med certified individual accompanying the team.
- * Athletes who require injectable medication must have a clearly labeled container and specific dosage instructions signed by a pharmacist or physician as well as all implements/equipment necessary for administration.
- * Whenever possible, medication will be administered by a volunteer nurse, physician or physician's assistant or other volunteers who will record the athlete's name, time administered and medication given. This record will be signed by the individual administering the medication.
- * Programs should alert SOCT headquarters as to the names of athletes requiring medication administration and any special instructions. This will confirm that the proper medical volunteers are available as needed for medication administration.

DRIVING DIRECTIONS TO VENUES

Many of the venues for the Unified Sports Holiday Classic can be reached most easily by the Merritt Parkway/Rte. 15. However, please be advised that buses are not allowed on this road. If your team is traveling by bus, you need to travel the alternate routes by way of I-91 & I-95.

Bowlero, Milford - Unified and Traditional

Bowlero, Milford

1717 Boston Post Rd, Milford, CT 06460

Phone: (203) 878-4658

From Hartford area, take I-91 S to I-95 S. Exit 40 (Woodmont Rd.). *Right off exit. Right on Rt. 1. AMF Milford Bowl will be on right, entrance is at the light.

From New London and New Haven

Take I-95 S to Exit 40 (Woodmont Rd.). *Follow as above.

From Waterbury area

Take Rt. 8 S to Exit 15. Follow to Rt. 34 E towards New Haven. Take right Rt. 114 to Boston Post Road (Rt. 1) approximately 7 miles. Take right on Rt.1. Travel approximately 2 ½ miles. AMF Milford Bowl will be on left after the Sports Authority.

AMF, East Haven - Unified and Traditional

AMF Circle Lanes

525 Main Street, East Haven, CT 06512

Phone: (203) 467-6351

Traveling I-91 North or South to New Haven - Merge onto I-95 North. Take Exit 50, Woodward Avenue. Follow through 6 traffic lights. The entrance to AMF Circle Lanes will be on the left just past Goody's Hardware.

From the New London area, traveling I-95 South - Take exit 52, North High Street. Turn left off exit. Turn right on Messina Drive. Continue on Main Street. The entrance to AMF Circle Lanes will be on the right.

Unified Basketball

Quinnipiac University, (Recreation Center)
275 Mt. Carmel Ave, Hamden, CT 06518
Phone: (203) 582-8200

From New London, New Haven and points south of New Haven, take I-95 to New Haven. Take I-91 N to Exit 10 (Rt. 40). Follow Rt. 40 to end. Turn right onto Whitney Ave. (Rt.10). Proceed 1.4 miles to Mt. Carmel Ave. and turn right. Recreation Center entrance is at the 2nd entrance.

Traveling I-91 S from the Hartford area, take Exit 10 (Rt. 40). *Follow as above.

Traveling Rt. 15 from points south of New Haven, take Exit 61. Turn right onto Whitney Ave. (Rt.10) and proceed north for 3 miles to Mt. Carmel Ave. Turn right. Athletic complex entrance is at the 2nd entrance.

Traveling Rt. 15 from Hartford area, take Exit 62. Turn right onto Whitney Ave. (Rt.10) and proceed north 3 miles to Mt. Carmel Ave. Turn right. Athletic complex entrance is at the 2nd entrance.

From western Connecticut, traveling I-84 E, take Exit 26. At end of exit, bear right onto Rt. 70 towards Cheshire. Continue on Rt.70 to Rt.10 and turn right. Travel about 7 miles to Mt. Carmel Ave. Turn left. Athletic complex entrance is at the 2nd entrance.

Unified Volleyball

Hamden Hall Beckerman Athletic Center
225 Skiff St., Hamden
(203) 752-2651

From New London, New Haven and points south of New Haven, take I-95 to New Haven. Take I-91 N to Exit 10 (Rt. 40). Follow Rt. 40 approximately 3 miles to end. Turn left onto Whitney Ave. (Rt.10). Turn right onto Skiff St. Turn left into athletic center complex..

Traveling I-91 S take Exit 40 ; follow to the end for Rt. 10 and turn left. Turn right onto Skiff St. and left into the complex.

Rt. 15 S from the Hartford area, take the exit onto Whitney Avenue for New Haven; turn right onto Skiff St. and left into complex.

Unified and Traditional Powerlifting

Gleason Performance Training

38 Commerce Street, Derby CT 06418

Phone: (203) 231-6044

From New London or New Haven– take 1-95 S to exit 47, follow signs for Martin Luther King Blvd/ Downtown/New Haven and continue onto Oak Street Connector. Use the right 3 lanes to turn slightly right toward N Frontage Rd/M.L.K. Jr. Blvd. Continue onto N Frontage Rd/M.L.K. Jr. Blvd. Use the right 2 lanes to turn right onto Ella T Grasso Blvd. Use the left 2 lanes to turn left onto Derby Ave. Turn left onto Commerce Street.

Traveling 1-91 and RT 15 from Hartford area– Take 1-91 S towards New Haven and take exit 17 to merge onto CT-15 S/Wilbur Cross Pkwy. Take exit 58 to merge onto CT-34 W/Derby Ave/Derby Turnpike toward Derby . Follow CT-34 W/Derby Ave to Commerce St in Derby .Merge onto CT-34 W/Derby Ave/Derby Turnpike. Turn left onto Commerce Street.

Traveling RT 15 from points south of New Haven– Take exit 58 to merge onto CT-34 W/Derby Ave/ Derby Turnpike toward Derby . *Follow same directions as above.

Traveling from Waterbury– Follow RT 8 South to CT-34 E/Main St. in Derby. Take exit 15 for CT-34 toward Derby/New Haven. Turn right onto CT-34 E/Main St. Use the right lane to turn right onto Derby Ave. Turn right onto Commerce St.

Protest Procedures

Under no circumstances should a coach disrupt competition to file an appeal or protest. If a coach wishes to file a protest, follow these procedures:

Note: Protests can only be made by coaches. Family, friends or athlete escorts cannot file a protest.

Refer to your Special Olympics Sports Rules Book and National Governing Body Rules Book.

If a coach wishes to continue with the protest, complete the Protest Form (on next page) and submit it to the scorer's table no more than 30 minutes after the conclusion of the event being protested. The Sports Rules Committee will review the protest and render a decision within 24 hours.

Judgment calls cannot be protested.

PROTEST FORM

Date: _____

Time: _____

Sport: _____

Event: _____

Age Group: _____

Division: _____

Athlete or Team Name: _____

Reason for Protest: _____

Signature of Head Coach: _____

Decision of Referee: _____

Protest Approved: _____

Protest Denied: _____

Signed: _____

Time: _____

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