SUMMER GAMES 2019

COACHES HANDBOOK

June 7, 8 & 9, 2019

Presented By:
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Dear Friends,

Special Olympics has been going strong for 50 years. Once a small event, we are now a grand movement with local, state, national, and global competitions happening daily around the world. When we, the people of Special Olympics, come together, we are a force that shows the world what it means to choose to include over exclude. In this volatile world where fear of difference and uncertainty plague society, the athletes of Special Olympics and those who support them at all levels are the leaders of the age of inclusion.

When we gather for State or National Games, we are reminded of what the world could be. These Games showcase a world view where the Olympic idea is defined by the gifts you have internally, winning is defined by how you run, and success is defined by the relationships you build. We are lucky that our Games are inclusive, and it’s up to us to spread that inclusion to other parts of our communities.

To everyone attending a Games, thank you for the hard work you put into making this happen. To the athletes and Unified partners, you have been training so hard for this, and I look forward to seeing you play hard and give it your all. Good luck! To the family members, no one competing could have made it here without you. Thank you for your constant support. To the volunteers, thank you for your service and for coming to support our athletes.

Thank you to all of the supporters who have made these Games possible and who have invested in our vision of a future of inclusion. Now let the Games begin!

Sincerely,

Timothy P. Shriver
Chairman, Special Olympics
May 7th, 2019

To the athletes, coaches, and volunteers of the 2019 Connecticut Special Olympics Summer Games: Welcome to Southern Connecticut State University!

At Southern, we take great pride in being the host of these Summer Games, where everyone who participates is indeed a winner.

Our university has had a long and fruitful association with Connecticut Special Olympics. This campus first hosted the Summer Games in the late 1980s and was the host site for the Ninth Special Olympics World Summer games in 1995. We resumed hosting the Connecticut Summer Games in 1999 and have done so ever since, with the number of participating athletes increasing every year.

Connecticut Special Olympics is now woven into the fabric of our community. Over the years, a number of volunteers and unified partners have gone on to enroll at Southern due to their experiences at the Summer Games.

Our strong connection is a natural one. As a public university of more than 10,000 students, Southern is committed to the principles of Social Justice: Dignity, Respect, Kindness, Compassion, and Civility. These pillars represent the continued commitment we have toward the advancement of diversity and accessibility.

We take great pride in being able to offer the very best in facilities to the athletes and spectators who will visit us for these summer games. We also provide a warm welcome to our Special Olympics guests through the many Southern students, staff, and faculty who volunteer to serve as results recorders, timekeepers, line judges, athlete escorts, as well as various other roles.

All of us at Southern look forward to a wonderful weekend of competition for the athletes, their coaches, and all who have inspired them to achieve and excel.

Sincerely,

Joe Bertolino
President
2019 Summer Games Master Schedule

Friday, June 7
9:00 a.m. Operations Center Opens
9:00 a.m. – 4:00 p.m. Delegations Check-In
10:00 a.m. – 1:00 p.m. Volunteer Registration
12:00 p.m. – 3:00 p.m. 200 Meter Run/200 Meter Wheelchair//200 Meter Walk & Awards @ Yale
1:00 p.m. – 5:00 p.m. Bike storage & inspection opens @ Yale West Campus
1:00 p.m. Coaches Meeting on pool deck at Hamden Hall
1:30 p.m. – 4:00 p.m. Developmental Swimming & Awards at Hamden Hall
2:30 p.m. Movie “Mary Poppins Returns” at Student Center
5:00 p.m. – 6:45 p.m. Dinner
7:15 p.m. – 9:30 p.m. Opening Ceremonies at Jess Dow Field, SCSU

Saturday, June 8
6:15 a.m. – 9:00 a.m. Breakfast
8:00 a.m. – 11:00 a.m. Volunteer Registration
7:30 a.m. – 5:00 p.m. Athletics Competition & awards @ Yale
8:00 a.m. – 4:00 p.m. Race walking Competition & awards @ SCSU
9:00 a.m. Coaches Meeting
9:00 a.m. – 3:00 p.m. Olympic Town @ SCSU, Yale West & Yale DeWitt
9:00 a.m. – 4:00 a.m. Tennis Competition
9:00 a.m. – 5:00 p.m. Cycling Competition & Awards @ Yale West Campus
9:00 a.m. – 5:00 p.m. Soccer Competition @ Hamden Hall Athletic Fields
9:20 a.m. – 5:30 p.m. Swim Competition & Awards
9:00 a.m. – 5:00 p.m. Healthy Athletes Village @ Student Center
10:00 a.m. – 2:00 p.m. Entertainment Stage @ SCSU & Yale DeWitt Campus
10:00 a.m. – 3:00 p.m. Olympic Town @ Soccer
11:00 a.m. – 2:00 p.m. Families Hospitality @ SCSU
11:30 a.m. – 1:30 p.m. Lunch @ all venues
10:00 a.m. – 2:00 p.m. Soccer Skills Preliminaries
4:00 p.m. Coaches Meeting – Cycling
4:30 p.m. Coaches Meeting – Athletics @ Pentathlon Tent
4:00 p.m. – 5:00 p.m. Athlete Input Council, Student Center @ SCSU
5:00 p.m. – 6:45 p.m. Dinner
7:00 p.m. – 9:30 p.m. Victory Dance @ Neff Hall Parking Lot
7:30 p.m. Movie, “Mary Poppins Returns” @ Student Center

Sunday, June 9
6:15 a.m. – 9:00 a.m. Breakfast
9:00 a.m. Swim Coaches Meeting
8:00 a.m. – 10:00 a.m. Volunteer Registration
7:30 a.m. – 3:00 p.m. Athletics Competition & Awards @ Yale
7:45 a.m. – 3:00 p.m. Race walking Competition & Awards @ SCSU
9:00 a.m. – 3:00 p.m. Swim Competition & Awards
9:00 a.m. – 2:00 p.m. Tennis Competition & Awards
9:00 a.m. – 1:00 p.m. Olympic Town @ SCSU, Yale West & Yale DeWitt
8:30 a.m. – 1:00 p.m. Healthy Athletes Village
9:30 a.m. – 3:00 p.m. Cycling Competition & Awards @ Yale West Campus
10:00 a.m. – 2:00 p.m. Entertainment Stages @ SCSU & Yale DeWitt
10:00 a.m. – 2:00 p.m. Soccer Skills Finals followed by Awards @ Hamden Hall Athletic Fields
10:00 a.m. – 3:00 p.m. Soccer Competition followed by Awards @ Hamden Hall Athletic Fields
10:00 a.m. – 1:00 p.m. Olympic Town @ Soccer
11:30 a.m. – 1:30 p.m. Lunch
General Information

Note: In order to minimize scheduling conflicts, Venue Directors should be NOTIFIED if an athlete is delayed at a prior event. Report delays to any staging area.

**IMPORTANT TELEPHONE NUMBERS**
Southern Connecticut State University  (203) 392-5375
Operations Center at SCSU  (203) 392-5099
Hamden Hall Athletic Fields  Contact Ops Center at SCSU
Yale West Campus & Yale DeWitt  Contact Ops Center at SCSU
SOCT - Volunteer Hotline  (203) 230-1201
SOCT Emergency Number  (203) 230-1201, ext. 275

**ALL MEDICAL EMERGENCIES - CONTACT THE OPERATIONS CENTER - (203) 392-5099**

**MEDICAL & SECURITY INFORMATION**

Volunteer **Medical personnel** will be wearing **RED** T-shirts and will be on duty 24-hours a day.
Granoff Student Health Center is the Medical Facility at Southern Connecticut State University. Yale-New Haven Hospital is the closest major hospital to both Southern Connecticut State University, Hamden Hall Athletic Fields, and Yale West Campus. **Special Olympics Connecticut will not be responsible for dispensing non-prescription drugs. For any prescription medications needed, please have all the correct paperwork on hand following the SOCT medication guidelines as found in the Local Coordinator Handbook.**

Special Olympics Connecticut volunteer **Security personnel** will be wearing **NAVY** T-shirts and will be on duty 24-hours a day. Campus Police will also be available 24 hours a day.

**SCSU TOBACCO POLICY STATEMENT**

Smoking, vapor and tobacco use are prohibited in all facilities and areas of the Southern Connecticut State University campus with no exception. This includes, but is not limited to all indoor and outdoor areas and properties. Indoor areas and properties include, but are not limited to: all common areas, classrooms, residence halls, elevators, hallways, university-owned or -leased vehicles, garages, restrooms, dining areas, employee lounges, conference and meeting rooms, and all other enclosed areas on the campus. Outdoor areas include, but are not limited to: parking lots, grounds, courtyards, entrance and exit ways, and any other areas of the university campus. This policy applies to any individual on campus property, including but not limited to: students, faculty, staff, other employees, contractors, subcontractors, volunteers, visitors, and members of the public, and is applicable twenty-four (24) hours a day, seven (7) days a week.

**PROCEDURES FOR CHECK-IN/DEPARTURE**

**FRIDAY CHECK-IN**

Heads of Delegation (HOD) are to report to the lower level of the Student Center to pick up registration packets (including Friday's Track events) between 9:00 a.m. and 5:00 p.m. After 5:00 p.m., registration packets can be picked up in the Operations Center, #40 on the SCSU Campus Map. Please call Sue Mohr with any questions: (203)584-4294.

For all delegations participating in Developmental Swimming on Friday - please report directly to the Hamden Hall Athletic Center Pool and pick up your registration there.

You must check-in before going to your Residence Hall. SCSU Staff will be responsible for greeting HOD at the Housing Sites on Friday to distribute room keys. **A current 2019 Summer Games Class “A” Credential is required in order for any individual to enter any Residence Hall.** There will be a master key available at the front desk of every residence hall. There is a $35 fee for a lost key. **PLEASE DO NOT GO TO RESIDENCE HALLS BEFORE CHECKING IN!** No buses, vans and cars should be left in the loading area of any residence hall at any time during the weekend, especially at Chase Hall where the bus stop is.

**SUNDAY DEPARTURE**

All equipment and luggage should be loaded into vans, buses, storage locations and cars on Sunday morning. Athletes and coaches must be out of their rooms by 4:00 p.m. Do not throw any items out of windows.
Inclement Weather / Cancellations

CANCELLATIONS, DELAYS, AND UPDATES CAN BE FOUND:
On our website, www.soct.org, Facebook and Twitter pages. Any changes in schedule or new information will be posted on our website and social media sites. Click on the 2018 Summer Games logo for all updates. We will also send updates through www.rainedout.com. Search “Special Olympics Connecticut”, enter your email address or telephone number, then subscribe to the “Local Coordinator/Coaches” group. You will then get a text message with any updates.

SEVERE INCLEMENT WEATHER PLAN
Local radio stations alerted to cancellations:
Country 92.5 960 WELI
KISS 95.7 ESPN Radio 1300
The River 105.9 ESPN Radio 97.9 FM
KC 101.3

Local television stations alerted to cancellations:
WVIT NBC Connecticut WTNH Channel 8
WFSB Channel 3

In the event of severe inclement weather during the day on Friday, the following plans will be in effect:
- Developmental Aquatics will continue as scheduled unless there is a thunderstorm
- Athletics (on Friday only) will be cancelled

In the event of early morning, (before competition begins), severe inclement weather on Saturday or Sunday, the following will take place:
- Revised schedules will be posted in the Residence Halls and dining facility.
- Notices will be sent out via text messages.

DURING THE DAY ON SATURDAY OR SUNDAY
Swimming- All swimming will stop during a thunderstorm, otherwise, the schedule will proceed as indicated in the coaches handbook, unless deemed unsafe by the sports venue director.

Athletics - Competition will be postponed until further notice.

Cycling - Competition will be postponed until further notice.

Race Walking & Wheelchair Races- Schedule will proceed as indicated in the coaches handbook, unless deemed unsafe by the sports director.

Soccer - Competition will be postponed until further notice. *Please do not enter the building unless directed to do so by a Hamden Hall Staff Member.

Tennis - Competition will be postponed until further notice.

Saturday Night Victory Dance - In the event of rain or severe inclement weather, the dance will be cancelled.

EVACUATION PROCEDURES
In the event of a life threatening or dangerous situation, the decision to evacuate a venue facility will be made by the Director of Games Operations, Venue Directors, Staff and appropriate Security and Public Safety personnel. The decision to evacuate a venue facility will be made when the threat of danger is imminent. Each venue is unique and therefore the Venue Director will be responsible in formulating a standard evacuation procedure for the venue site.

In the event evacuation becomes necessary, it is recommended that the following steps be taken:
- The Venue Director will notify the SOCT Vice President of Games & Sports Development and other appropriate personnel.
- Security and Law Enforcement personnel as well as volunteer security will be utilized for crowd management.
- If an evacuation is ordered, people will be directed to the Moore Field House at SCSU and the residence halls.
- University Security and Public Safety Departments will continue to provide security around the evacuated venue area.
**Team Housing**

**Housing**
Please remember the following:
- Specific Residence Hall assignments will be sent to you before the games. Please call Katie Dennett at (203) 230-1201 ext. 240 with questions.
- Remember to bring all linens, blankets or sleeping bags, towels and pillows.
- No consumption of alcohol or illegal drugs.
- Do not move the furniture.
- Do not take the bunk beds apart. Mattresses may be removed from the upper bunk to the floor.
- No toaster ovens or coffee machines
- Do not remove window screens.
- Should there be a fire alarm, please have all athletes, coaches and volunteers exit the building and meet in a designated location.
- There are laundry facilities available in each residence hall. You will need to get a key card from the front desk. You will need to provide your own laundry detergent.
- Teams are encouraged to bring fans for the following residence halls: Chase, Farnham, Hickerson, Neff and Wilkinson.
- Please use the recycling boxes located on all floors in the common areas
- Should you have any Residence Hall issues, please communicate them with the SCSU staff at the front desk of the building so they can assist you.

**Housing Security**
University Residence Life staff, Special Olympics Connecticut security personnel, and Campus Police will be on duty 24-hours a day.

**Team Parking**
Parking is available at most Residence Halls although, it is limited. Extra vehicles will need to park in either the Fitch Street or Wintergreen Avenue parking garage or in Lot 9 by Brownell Hall. Please park vehicles in these locations and plan on riding SCSU shuttle bus transportation to and from venues. Please do not park or leave any vehicles in the loading dock spaces especially at Hickerson or Chase.

**Coaches Packing List**
- Copies of Athlete Medical & Partner Release Forms
- Rules, Guidelines & Forms Booklets
- Coaches Handbook
- First-Aid Kit
- Sun Screen
- Athlete Medications
- Laundry Detergent
- Team Pop-Up Tent for shade (with stakes)

**Athlete Packing List**
- Toothbrush & Toothpaste
- Deodorant
- Shower Shoes
- Brush/Comb
- Soap/Shampoo
- T-shirts/Sport Shirt
- Sun Screen
- Socks
- Shorts/Pants
- Underwear
- Personal Needs
- Hat
- Sneakers/Shoes
- Rain Gear
- Towels
- Bathrobe
- Bed Linens/Pillow
- Blankets/Sleeping Bag
- Athletic Supporter/Sport Bra
- Competition Uniforms
- Light Jacket or Sweatshirt
Transportation - Bus and Shuttle

Off Site & Campus Venues

**Developmental Swimming (Friday only) and Soccer** - Hamden Hall Athletic Fields (Beckerman Athletic Center), 225 Skiff St., Hamden
**Hamden and Cycling** - Yale West Campus, 100 West Campus Drive, Orange
**Athletics** - Yale Dewitt Cuyler Athletic Center, 252 Derby Ave, West Haven

**Friday, June 7**
10:30 AM—3:30 PM: There will be a shuttle running from in front of the SCSU Moore Field House to Yale Dewitt Outdoor Track in West Haven

11:00 AM- Bus will pick up from SCSU (Chase Hall) and transport teams to Hamden Hall for Developmental Swimming. Bus will pick up at Hamden Hall at 4PM and return to SCSU.

**Saturday, June 8**
**Soccer and Cycling** - Buses will run continuously between SCSU (Chase Hall) and the Hamden Hall Athletic Fields (Soccer) starting at 7 a.m. and Yale West Campus (Cycling) beginning at 8:00 a.m., both running until 5:00 p.m.

**Track and Field** - Buses will run continuously between SCSU (Moore Field House) and the Yale DeWitt Outdoor Track area starting at 6:30 a.m. and running until 5:00 p.m.

**Sunday, June 9**
**Soccer and Cycling** - Buses will run continuously between SCSU (Chase Hall) and the Hamden Hall Athletic Fields (Soccer) and Yale West Campus (Cycling) beginning at 8:00 a.m. until 4:00 p.m.

**Track and Field** - Buses will run continuously between SCSU (Moore Field House) and the Yale DeWitt Outdoor Track area starting at 6:30 a.m. until 3:30 p.m.

ALL BUS STOPS WILL HAVE SIGNAGE ON ALL CAMPUSES

The **Campus Shuttle** will run throughout the campus stopping at Residence Halls, Field House, Student Center, Fitch St. Parking Garage, Lot 9, Lot 12, Fitch Street Parking Lot (next to the Library) & the West Campus Garage for meals.

**Friday, June 7:**
11:00 a.m. - 10:00 p.m.

**Saturday, June 8:**
6:00 a.m. - 10:00 p.m.
11:30 p.m. – 4:00 p.m. (lift van service from SCSU to Yale DeWitt)

**Sunday, June 9:**
6:00 a.m. - 12:00 p.m.
11:30 p.m. – 2:00 p.m. (lift van service from SCSU to Yale DeWitt)
Menus

Please note:
Any special dietary requirements will need to be supplied by the individual team. This includes anyone who is Gluten Free or Diabetic.

SOCT has no control over exactly what beverages will be provided by our Year Round Suppliers. Water will be the majority of what is available. If you or your athletes require something different, please plan on bringing your own.

Breakfast - Saturday & Sunday: 6:30 a.m.—9:00 a.m. (West Campus Garage)
*No boxed breakfasts will be provided. If you would like to have this, you are welcome to bring a cooler or a box to the garage and help yourself for what your team needs each day. You can only pick up one day at a time*

Cereal, Hard Boiled Eggs, Fruit salad, Yogurt, Muffins, Bagels, Cottage Cheese, Milk, Juice, Coffee and Tea.

Lunch - 11:30 a.m.—1:30 p.m. (Sports Venues & Olympic Town)
Sandwiches, snacks, fruit and beverages.

Friday
10:30 a.m. - 12:30 p.m.
Lunch will available at the Pentathlon staging tent, at Yale and it will also be available at Developmental Swimming at Hamden Hall for those competing.

Saturday and Sunday
11:30 a.m. - 1:30 p.m.
Lunch will be available at Olympic Town, Swimming, Race walking and Tennis at SCSU; Activities tent at Soccer, Lunch tent at Cycling and lunch tent at Yale Track and Field events.

Dinner—Friday & Saturday: (West Campus Garage)

Friday
4:30 p.m. - 6:45 p.m.
Hamburgers (beef, turkey or veggie), Hot Dogs, Garden Salad, Fruit, Brownies and Beverages.

Saturday
4:30 p.m. - 6:45 p.m.
Baked chicken, tater tots, Green Beans, Dinner Rolls, Garden Salad, Cupcakes, or cookies, Fruit and Beverages

Breakfast and dinner will be available in the West Campus parking garage near the Residence Halls off of Wintergreen Avenue.
### Meal Schedule - Dinner

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### Meal Schedule - Breakfast

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Healthy Athletes @ SCSU

Healthy Athletes® Village

Venue Director: Caitlin Daikus and Joyce Stille

The Healthy Athletes Village will be located at SCSU inside the Student Center on the third floor. We hope you will make every effort possible to have your athletes participate in all the Healthy Athletes Programs.

Hours of Operation:
Saturday, June 8th 9 am—5 pm
Sunday, June 9th 8:30 am—1 pm

*Massage Therapy will be offered Sunday, June 9th from 9am-1pm

For teams at offsite venues, appointments can be made to visit Healthy Athletes @ SCSU. Contact Caitlin at caitlind@soct.org.

FIT FEET
Kurt Rode, DPM, Clinical Director

FUNFITNESS
Colleen Langlais, MSPT, Clinical Director
Heidi Adamski, MSPT, Clinical Director

HEALTH PROMOTION
Carol Flaim, RN, Clinical Director

HEALTHY HEARING
Jamie Marotto, AuD, Clinical Director

OPENING EYES
Sponsored by: Lions Clubs International
Dr. Chris Agro, Clinical Director

SPECIAL SMILES
UConn School of Dental Medicine
Deb Redford-Badwal, DMD, Clinical Directors

STRONG MINDS
Catherine Chiles, MD
Additional Health & Wellness Activities

**Hamden Hall | Soccer**

**Massage Therapy**  
Saturday, June 8th 10:00am-3:00pm

**Performance Stations**  
Sunday, June 9th 9:00am-3:00pm

**Yale Dewitt Cuyler Athletic Complex | Track & Field**

**Griffin Hospital Mobile Health Resource Center**  
Saturday, June 8th 10:00am-3:00pm

**Nutrition Education**  
Sunday, June 9th 9:30am-1:00pm

**Yale West Campus | Cycling**

**Health Promotion activities**  
Saturday, June 8th 10:00am-2:00pm  
Sunday, June 9th 10:00am-2:00pm

**Cornell Scott Hill Health - Health Services Information**  
Saturday, June 8th 10:00am-2:00pm  
Sunday, June 9th 10:00am-2:00pm

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OLYMPIC TOWN

Sponsor: The Connecticut State Council of the Knights of Columbus
Athletes, partners, and visitors will have the opportunity to participate in social, developmental and cultural activities.

Credentialed athletes and partners, are provided Olympic Town script money to play a variety of games at no cost. Coaches, athlete escorts as well as community guests are charged a nominal fee to play.

The Entertainment Stage will have a DJ in Olympic Town for everyone’s enjoyment! A Pot-A-Plant tent will be provided as well at SCSU!

Olympic Town will be open Saturday, 9 a.m. - 3:30 p.m. and Sunday, 9 a.m. - 1:00 p.m.

CAMPUS CUSTOMS

Friday, June 7
Opening Ceremony, SCSU 5:00pm - 9:30pm

Saturday, June 8
SCSU 9:00am - 4:00pm
Yale Dewitt Athletic Complex, W. Haven 9:00am - 4:00pm
Dance at SCSU 6:00pm – 10:00pm

Sunday, June 9
SCSU 9:00am - 3:00pm
Yale Dewitt Athletic Complex, W. Haven 9:00am - 3:00pm

SHUTTLES SYSTEM

Should you need assistance getting around campus, please look for the designated shuttle stop areas. Shuttles will do their best to accommodate everyone; there will be wait times

FAMILY HOSPITALITY

All parents and families of athletes are invited to stop by our Families Hospitality location in the rear, lower level of Farnham Hall. While relaxing to the music, have some refreshments and check out the different resource services that are available to you and your family. Hours are Saturday only from 11:00 a.m. to 2:00 p.m. Chick-fil-A of North Haven will be catering the lunch for families only from 12pm-1pm—Come check it out!

FAMILY HOUSING

Below are a few recommended hotels in the New Haven county area. Please call for rates and room availability.

Best Western - North Haven: 201 Washington Ave, North Haven, CT 06473 (203) 239-6700.

Homewood Suites by Hilton 6905 Main St, Stratford, CT 06614 (203) 377-3322

New Haven Village Suites 3 Long Wharf Dr., New Haven, CT 06511 (203) 777-5337
Special Events @ SCSU

2019 Law Enforcement Torch Run (LETR):

Sponsored by:
- Adams Hometown Markets - IGA Hometown Supermarkets
- Dream Ride 2016
- JN Phillips Auto Glass
- Bearingstar Insurance Charitable Fund
- Whelen Engineering Papa’s Dodge

On June 5-7, more than 1,500 law enforcement officers will participate in the 3-day series of torch runs covering 530 miles in 100 cities and towns throughout Connecticut to raise money & awareness for Special Olympics Connecticut. The Torch Run culminates with the final leg running into Jess Dow Stadium during the Opening Ceremonies. The Law Enforcement Torch Run in Connecticut is the largest grassroots fundraising and awareness vehicle for SOCT. Support our athletes by participating in the various Law Enforcement Torch Run fundraisers currently taking place. For a complete listing of LETR events, visit our website: www.soct.org.

Victory Dance
Theme: “Take Me Out to the Ballgame!” Come dressed in your favorite baseball team’s apparel!

Only athletes, partners and coaches who are registered for the Summer Games are invited to attend the dance on Saturday night from 7:00 p.m. to 9:30 p.m. at the Neff Hall Parking Lot. The dance will be cancelled in the event of rain or severe inclement weather.

Information Tent
The information tent is located at the cross over from Wintergreen Avenue. Campus maps, directions and general questions for all venues are available here!

Opening Ceremonies
Sponsor: Anthem Blue Cross and Blue Shield
Opening Ceremonies will be Friday starting at 7:15 p.m. outdoors on the Jess Dow Football Field, behind the Moore Field House.

4-5 athletes and 1-2 coaches from each Local Program are invited to join in the Parade of Athletes. Local banners are welcome. Everyone participating in Opening Ceremonies must head to the staging area by 6:45 p.m. located under left goal post on the Jess Dow Field. Please stage behind your team sign which will be located alphabetically on the field.

6:30 p.m. will kick off the Pre-Show entertainment with stilt walkers and a trampoline act. Please come over to the field to see these exciting acts.

*In the event of inclement weather the ceremonies will take place indoors at the Field House.* Should the Opening Ceremonies be moved indoors this decision will be made on Thursday and all programs will be notified at check in.

Movie
“Mary Poppins Returns” will be shown in the Student Center- Friday @ 2PM and Saturday night @ 7:30 PM.

Dunkin Donuts
Visit Dunkin Donuts in the Adanti Student Center, Friday, from 10AM–3PM and Saturday and Sunday from 7AM–2PM. A limited menu of beverages and baked goods will be available for purchase.
**Swimming**

**DEVELOPMENTAL- HAMDEN HALL**
**ALL OTHER EVENTS– MOORE FIELD HOUSE, SCSU**

**Competition Director:** Dennis Ford  
**Co-Chairs:** Jeanne Hager and Liz Collins  
**Sponsor:** Foxwoods Resort Casino  
**Sponsor Liaisons:** Jennifer Hess

---

### 2019 Developmental Swimming Schedule

**Friday @ Hamden Hall**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:30 am</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:45 pm</td>
<td>Coaches/scratch meeting on the pool deck</td>
</tr>
</tbody>
</table>
| 1:15 pm  | Competition Begins  
Event #25 - 15 Walk  
Event #26 - 25 Flotation  
Event #27 - 25 Freestyle Level 1  
Event #28 - 10 Assisted Swim  
Event #29 - 15 Unassisted Swim  
Event #30 - 25 Backstroke Level 1  
Event #31 - 15 Flotation  
Event #32 - 15 Kickboard  
Event #33 - 4x25 Dev. Unified Freestyle Relay  
Event #34 - 4x25 Dev. Freestyle Relay|

**PLEASE NOTE:**  
NO FOOD OR DRINKS (except water) WILL BE ALLOWED IN THE POOL AREA AT HAMDEN HALL.

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### 2019 Swimming Schedule

**Saturday @ Moore Fieldhouse**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am</td>
<td>Coaches Meeting</td>
</tr>
<tr>
<td>8:15-</td>
<td>Warm-up</td>
</tr>
<tr>
<td>8:30 am</td>
<td>Event #1 - 400 Freestyle</td>
</tr>
<tr>
<td>9:00am</td>
<td>Event #2 - 100 Backstroke</td>
</tr>
<tr>
<td>9:15am</td>
<td>Event #3 - 50 Freestyle</td>
</tr>
<tr>
<td>11:00am</td>
<td>Event #4 - 100 IM</td>
</tr>
<tr>
<td>11:10am</td>
<td>Event #5 - 25 Breaststroke</td>
</tr>
<tr>
<td>11:15am</td>
<td>Event #6 - 4x50 Unified Medley Relay</td>
</tr>
<tr>
<td>11:30am</td>
<td>Event #7 - 4x25 Unified Medley Relay</td>
</tr>
<tr>
<td>11:40am</td>
<td>Event #8 - 50 Butterfly</td>
</tr>
</tbody>
</table>

**LUNCH**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15 pm</td>
<td>Event #9 - 25 Backstroke</td>
</tr>
<tr>
<td>2:15 pm</td>
<td>Event #10 - 200 Freestyle/200 Back</td>
</tr>
<tr>
<td>2:30 pm</td>
<td>Event #11 - 4x50 Freestyle Relay</td>
</tr>
<tr>
<td>2:45 pm</td>
<td>Event #12 - 4x50 Medley Relay</td>
</tr>
</tbody>
</table>

### 2019 Swimming Schedule

**Sunday @ Moore Fieldhouse**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Coaches Meeting</td>
</tr>
<tr>
<td>8:15-</td>
<td>Warm-up</td>
</tr>
<tr>
<td>8:30 am</td>
<td>Event #13 - 100 Breaststroke</td>
</tr>
<tr>
<td>9:00am</td>
<td>Event #14 - 25 Butterfly</td>
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<tr>
<td>9:05am</td>
<td>Event #15 - 100 Butterfly</td>
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<tr>
<td>9:10am</td>
<td>Event #16 - 100 Freestyle</td>
</tr>
<tr>
<td>9:40am</td>
<td>Event #17 - 25 Freestyle</td>
</tr>
<tr>
<td>11:10am</td>
<td>Event #18 - 50 Breaststroke</td>
</tr>
<tr>
<td>11:20am</td>
<td>Event #19 - 4x50 Unified Freestyle Relay</td>
</tr>
</tbody>
</table>

**LUNCH**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15 pm</td>
<td>Event #20 50M Backstroke</td>
</tr>
<tr>
<td>1:45 pm</td>
<td>Event #21 - 4x25 Unified Freestyle Relay</td>
</tr>
<tr>
<td>2:10 pm</td>
<td>Event #22 - 4x25 Freestyle Relay</td>
</tr>
<tr>
<td>2:30 pm</td>
<td>Event #23 - 4x25 Medley Relay</td>
</tr>
</tbody>
</table>
Swimming

YOU MUST HAVE YOUR ATHLETES DRESSED AND TO THE STAGING AREA AT LEAST 1/2 HOUR BEFORE THE START OF THEIR EVENT.

Time are always subject to change, but advanced notice will be given if an event is going to be moved. It is advised that if your athletes have an event in either the morning or afternoon segment of the day that they stay in the area for the duration of that segment and in the pre-staging area.

Swimming Information

× Remember, if your team or any athlete must leave and will not be participating in an upcoming event, please notify the Meet Director or the supervisor in the registration tent.
× Only athletes and coaches are allowed in the staging area. Absolutely no one else. Absolutely NO FOOD in the staging area.
× Any athlete with special requirements must be identified to the Meet Official.
× No coach will be allowed on deck without a deck pass. You may obtain a deck pass from the Meet Director prior to the start of each day.
× No flash photography in the pool area - for the safety of the athletes.
× Developmental Events - You must provide your own approved flotation device and your own in-water assistant.
× A campus shuttle will be available for transportation to Hamden Hall on Friday.
× All team tents are to be placed next to the staging tent in front of the Wintergreen Garage.

Format

All races will start at the end of the pool where the starting blocks are located. The lane numbers will be located on the starting blocks and on the backstroke flags. Deck personnel will assist in getting swimmers in correct lanes.

Awards

Athletes will exit pool deck to Awards Area. The awards area will be outside.

Official Results

The official's decision will be the official order of finish for all events. If the timer does not agree, the officials decision will prevail. Results will be posted as they are available.

**Swimmers who miss their event will not be rescheduled**

Coaches

Information concerning procedures for conduct of coaches on deck area and procedures to meet your swimmers after the competition.

1. Coaches will be given ONE POOLSIDE PASS per team.
2. Coaches on the deck ARE RESTRICTED TO STAY WITHIN THE AREA ASSIGNED BY THE REFEREE WHICH WILL BE LOCATED ON THE FAR SIDE OF THE POOL.
3. Coaches are not to loan their deck pass to any other person. Offenders will lose their pass.
4. Control of all team members or team followers is the responsibility of that team coach, including all lunch service and clean-up of your tent area.
5. Coaches having need for special personnel on deck for a specific swimmer may make special arrangements for this with the Meet Director or Referee.
6. Coaches will not be permitted to leave the Coaches Restricted Area unless special permission is received from the Referee.
7. Coaches will not be permitted to move along the pool at the side of the swimmer giving instructions.
8. Swimmers who need special attention will be identified and whatever special attention is required will be evaluated and authorized by the Referee.
9. Coaches are asked to cooperate with meet personnel to assure the smooth conduct of the meet.
10. Coaches having any changes after the scratch meeting will report such changes to the bull pen Supervisor at registration.
11. Athletes will only be released to coaches back in the assembly area after awards have been presented and the entire heat has been returned to the bull pen.
12. Please do not attempt to remove any of your swimmers from the control of the guide except back in the assembly area.
13. Parents & Spectators ARE NOT allowed on the pool deck.
Cycling

YALE WEST CAMPUS, ORANGE

Competition Director: Karen Kalenauskas
Sponsored by: Manchester Honda/Carter Chevrolet

Friday
12:00 p.m. - 5:00 p.m. Bike drop-off for inspection and storage

Saturday
Any bikes not inspected and stored on Friday afternoon MUST ARRIVE on site by 8:00 AM for inspection prior to competition.

The following times are an estimate. A complete, detailed, official schedule for the weekend will be available on site.

We will have two courses this year.

8:00 a.m. - 8:30 a.m. Athlete Registration - Check-in area at Tent 1 near Bike storage areas.
8:00 a.m. - 8:30 a.m. Late Arrivals for Bike & Helmet Inspection
8:30 a.m. - 8:45 a.m. Parade laps for all ability riders - Level 2 riders should enter the course first, followed by Level 1 riders
9:00 a.m. - 11:30 noon Staging and start of Competition
5 Kilometer Road Race
5 Kilometer Unified Sports® Road Race
250 Meter Time Trial
11:30 p.m. - 12:30 p.m. Estimated Lunch Break
12:30 p.m. - 4:30 p.m. 2.5 Kilometer Time Trial
2.5 Kilometer Unified Sports® Time Trial
1 Kilometer Time Trial
1 Kilometer Unified Sports® Time Trial
7.5 Kilometer Unified Sports® Time Trial
10 Kilometer Time Trial
4:00 p.m. or at end of competition - Coaches Meeting at venue

Sunday
8:30 a.m. - 11:30 p.m. 2 Kilometer Time Trial
2 Kilometer Unified Sports® Time Trial
500 Meter Time Trial
10 Kilometer Road Race
10 Kilometer Unified Sports® Road Race
15 Kilometer Road Race
15 Kilometer Unified Sports® Road Race
5 Kilometer Time Trial
11:30 a.m. – 12:30 p.m. Estimated Lunch Break
1:00 a.m. - 3:30 p.m. 5 Kilometer Time Trials
5 Kilometer Unified Sports® Time Trials

COURSE EVENTS INFORMATION

<table>
<thead>
<tr>
<th>Distance</th>
<th>Laps</th>
</tr>
</thead>
<tbody>
<tr>
<td>250 Meter</td>
<td>1/2 Lap</td>
</tr>
<tr>
<td>500 Meter</td>
<td>1 Lap</td>
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<tr>
<td>1 Kilometer</td>
<td>2 Laps</td>
</tr>
<tr>
<td>2 Kilometer</td>
<td>4 Laps</td>
</tr>
<tr>
<td>2.5 Kilometer</td>
<td>5 Laps</td>
</tr>
<tr>
<td>5 Kilometer</td>
<td>10 Laps</td>
</tr>
<tr>
<td>7.5 Kilometer</td>
<td>15 Laps</td>
</tr>
<tr>
<td>10 Kilometer</td>
<td>20 Laps</td>
</tr>
<tr>
<td>15 Kilometer</td>
<td>30 Laps</td>
</tr>
</tbody>
</table>
**Soccer**

Hamden Hall Country Day School Athletic Fields - Skiff Street Hamden

**Competition Directors:** Fred Pariseau & Jeff Gill  
**Sponsors:**  
TD Bank  
CT Elks Association (Skills)  
**Sponsor Liaisons:**  
TD Bank-Beth Iannone, Kristie Dammling, Carrie Zlotnikov, Dwayne Hicks, Karen Shonta, Amisha Tailor, Rob Pregnolato  
CT Elks Association-Terry Ford

**Saturday**  
8:30 a.m. - 5:00 p.m.  
10:00 a.m. –12:30 p.m.  
10:00 a.m. - 3:00 p.m.  
10:00 a.m. - 3:00 p.m.  
11:30 p.m. - 1:30 p.m.  
**PRELIMINARY ROUNDS**  
Competition  
Individual Skills Competition  
Olympic Town  
Healthy Athletes– Massage Therapy  
Lunch

**Sunday**  
9:00 a.m. - 4:30 p.m.  
10:00 a.m. - 12:30 p.m.  
10:00 a.m. - 2:00 p.m.  
9:00 a.m. - 3:00 p.m.  
11:30 a.m. - 1:30 p.m.  
**Medal Round FINAL GAMES**  
Individual Skills Competition  
Olympic Town  
Performance Stations (Healthy Athletes Tent)  
Lunch  
**Awards presented on field at the conclusion of each medal game**

**Please Note:**  
- Jewelry of any kind will not be allowed during play.  
- Shin guards are **REQUIRED** for all players, mouth guards are strongly encouraged.  
- Cleats are encouraged, but **CANNOT** be worn on the turf field (7-aside teams playing on Field 7 will be affected).  
- Players are to remain on their bench when not in play.  
- Coaches are restricted to their own bench area.  
- All spectators must be on the opposite side of the teams.  
- The goalkeeper is the only player allowed to wear a hat.  
- Players should not wear sunglasses (unless they are prescription).  
- Teams should bring numbered pinnies in case of conflict. Colored pinnies will be available at each field in case of conflict; however, teams are welcome to bring their own.  
- Final round schedules will be available at the OPS Center by 9:00 p.m. Saturday, on the SOCT website, and posted in the residence halls, or can be picked up at the registration tent at 9:00 a.m. on Sunday. They will also be E-mailed directly to the coaches Saturday night.  
- Teams are encouraged to bring their own shade tents with stakes in case of wind.
Soccer Venue Map

Field 7
7-A-Side

Field 6
7-A-Side

Field 8
(Turf)
7-A-Side

Flagpole

Lunch

Olympic Town

Medical

TENNIS COURT

TENNIS COURT

Healthy Athletes

Concessions

Information & Volunteer Registration

Field 2
5-A-Side

Field 1
5-A-Side

Field 3
5-A-Side

Field 4
7-A-Side

REST ROOMS

Computer Room

REST ROOMS

Bleachers

REST ROOMS

Gym and Pool Building
(emergency access only)

Parking Lot

T.D. Bank
SOUTHERN CONNECTICUT STATE UNIVERSITY - TENNIS COURTS

Competition Directors: Barbara Fitzpatrick & Lyn Nevins
Sponsor: ESPN
Sponsor Liaison: Lisa Kovlakas

Saturday
9:00 a.m.  Tennis Warm-up
9:30 a.m. - 12:00 p.m.  Skills Competition
12:00 p.m.  Singles Competition begins
1:00 p.m. - 4:00 p.m.  Skills & Singles Competition continues

Sunday
9:00 a.m.  Tennis Warm-up
9:30 a.m. - 12:00 p.m.  Doubles Competition
12:00 p.m.  Unified Sports® Doubles
1:00 p.m. - 3:00 p.m.  Tennis Skills Competition Round Robin
Lunch
Doubles Competition
Unified Sports® Doubles
Awards Ceremony immediately following
ALL Track and Field events are being held at the Yale Dewitt Cuyler Outdoor Track Facility located on Derby Ave. in West Haven.

Please note:
- Athletes must arrive at the clerk of course area without medals, and weather permitting, without jackets, 15 minutes prior to the event start time. Athletes arriving late risk the chance of being disqualified. Please note that athletes must be dressed in proper and appropriate competition attire. No jeans allowed; We ask for your cooperation in adhering to the schedule. Track events take precedence over field events.
- Scratches begin 15 minutes after the scheduled start of the event. Every effort will be made to allow those athletes to compete if/when they present themselves.
- Staging area is limited to athletes and staging personnel. Exceptions - 1) Athletes who must have a personal assistant (limited to ONE person), must have proper id on credential; 2) Relays…it is helpful to have the coach there to keep the teams together and identify which leg is to be run by which athlete and/or partner.
- Starter’s pistols will be used. (Rules of Competition Sect. B-1, a-2 ‘the gun shall be fired’. ) Coaches and/or parents should not argue the point with either staging or track volunteers. A lower caliber starting pistol is used to help offset noise effect. Accommodations will be made for blind and/or deaf athletes.
- Pacing athletes is not permitted.
- Athletes are not to be ‘coached’ from inside the field of play.
- Athletes should not be running with any type of object in their hands
- Please look for a Green Disk Indicator which will be used for those athletes in the 50M and 100M Runs on the B side of the track.
- Please review the performance standards for certain events. Athletes who exceed these will be able to complete their event but will receive a participation ribbon with their designated heat.

Relays
Only those team members who participated at the Northern or Southern Time Trials may compete at Summer Games. Relay teams who do not have the same team composition may compete but will be awarded a participation ribbon only. The order of runners for Unified Relays are Partner, Athlete, Partner, Athlete.

Running and Standing Long Jump
Officials will have visual aids (stakes with colored flags) at the take off toe line. Foot faults are considered a disqualification. NO ONE, (coaches or family members) is allowed to coach an athlete from the side lines. After the first occurrence the coach will receive a warning. After the second occurrence the athlete will be disqualified. Coaches may place a marker on the fence or tape on runway as a take-off guide for Running Long Jump in the morning prior to the start of any competition.

Unified Sports® Field Events
Unified Sports® Field Events including Running Long Jump and Shot Put are heated by oldest team member, which could mean the partner. All co-ed events are considered male events.

Race Walking, High Jump and Wheelchair Races @SCSU
Race Walking events will be held at SCSU inside the Moore Field House. Race walkers are to enter the Field House at the back entrance of the building. High Jump will be held in the Field House at SCSU on Sunday a.m. - Entrance is at the back of the building.
Athletics Schedule – Friday

SUMMER GAMES ATHLETICS SCHEDULE: June 7, 8 & 9, 2019

PERFORMANCE STANDARDS:

800M walk must be completed in less than 15 minutes

1500M walk must be completed in less than 40 minutes

Softball Throw not greater than 30 meters

Running Long Jump - must be able to jump a minimum of 1 meter

High Jump - must be able to jump a minimum height of 1 meter

On FRIDAY, all 200 Meter events including Running, Walking and Wheelchair will be held at Yale’s DeWitt Cuyler Athletic Facility

On SATURDAY and SUNDAY, all Running and Field events will be held at Yale’s DeWitt Cuyler Athletic Facility

On SATURDAY and SUNDAY, all Wheelchair Racing events will take place at Southern Connecticut State University in the Moore Field House;
All Wheelchair Field events will be at Yale’s DeWitt Cuyler Athletic Facility

On SATURDAY and SUNDAY, all Race-walking events will be held at Southern Connecticut State University in the Moore Field House

On SUNDAY, the High Jump events will be held at Southern Connecticut State University in the Moore Field House

<table>
<thead>
<tr>
<th>FRIDAY, JUNE 7</th>
<th>TRACK EVENTS</th>
<th>SEX</th>
<th>AGE</th>
<th>HOUR</th>
</tr>
</thead>
<tbody>
<tr>
<td>All events at Yale</td>
<td>200 M Walk</td>
<td>M/F</td>
<td>30+</td>
<td>12:00 p.m.</td>
</tr>
<tr>
<td></td>
<td>200 M Walk</td>
<td>M/F</td>
<td>8-29</td>
<td>12:30 p.m.</td>
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<tr>
<td></td>
<td>200 M Wheelchair Race</td>
<td>M/F</td>
<td>All</td>
<td>12:45 p.m.</td>
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<tr>
<td></td>
<td>200 M Run</td>
<td>M/F</td>
<td>22+</td>
<td>1:00 p.m.</td>
</tr>
<tr>
<td></td>
<td>200 M Run</td>
<td>M/F</td>
<td>8-15</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>200 M Run</td>
<td>M/F</td>
<td>16-21</td>
<td>1:45 p.m.</td>
</tr>
</tbody>
</table>
## Athletics Schedule – Saturday

### Athletics Schedule 2019

<table>
<thead>
<tr>
<th>SATURDAY, JUNE 8</th>
<th>2019</th>
<th>SATURDAY, JUNE 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRACK (YALE)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WALKING &amp; WHEELCHAIR (SCSU)</td>
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</tr>
<tr>
<td>SEX</td>
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<tr>
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<tr>
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</tr>
<tr>
<td>M</td>
<td>22-39</td>
<td>9:15 AM</td>
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<td>1:30 PM</td>
</tr>
<tr>
<td>M</td>
<td>40+</td>
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## Athletics Schedule – Sunday

### Athletics Schedule 2019

#### Sunday, June 9

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### Athletics Schedule – Yale ONLY

#### FRIDAY, JUNE 7

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#### SATURDAY, JUNE 8

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#### SUNDAY, JUNE 9

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## Athletics Schedule – SCSU ONLY

### SCSU

**EVENT SCHEDULE 2019**

**RACEWALKING, WHEELCHAIR AND HIGH JUMP**

*Please remember Performance Standards*

### SATURDAY, JUNE 8

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### SUNDAY, JUNE 9

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<td>400 M Walk</td>
<td>F</td>
<td>8-29</td>
</tr>
<tr>
<td>9:45 AM</td>
<td>Pentathlon/Unified Pent. - High Jump*</td>
<td>M/F</td>
<td>ALL</td>
</tr>
<tr>
<td></td>
<td>400 M Walk</td>
<td>F</td>
<td>30+</td>
</tr>
<tr>
<td>10:15 AM</td>
<td>25 M Assisted Walk</td>
<td>F</td>
<td>ALL</td>
</tr>
<tr>
<td>10:30 AM</td>
<td>800 M Walk*</td>
<td>F</td>
<td>ALL</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>100 M Wheelchair Race</td>
<td>M/F</td>
<td>ALL</td>
</tr>
<tr>
<td>11:15 AM</td>
<td>25 M Assisted Walk</td>
<td>M</td>
<td>ALL</td>
</tr>
<tr>
<td>11:30 AM</td>
<td>High Jump/Unified High Jump*</td>
<td>M/F</td>
<td>ALL</td>
</tr>
<tr>
<td></td>
<td>800 M Walk*</td>
<td>M</td>
<td>ALL</td>
</tr>
<tr>
<td>12:15 PM</td>
<td>400 M Walk</td>
<td>M</td>
<td>30+</td>
</tr>
<tr>
<td>12:30 PM</td>
<td>400 M Walk</td>
<td>M</td>
<td>22-29</td>
</tr>
<tr>
<td>12:45 PM</td>
<td>400 M Walk</td>
<td>M</td>
<td>16-21</td>
</tr>
<tr>
<td>1:30 PM</td>
<td>400 M Walk</td>
<td>M</td>
<td>8-15</td>
</tr>
<tr>
<td>2:30 PM</td>
<td>4 x 100 M Walk Relay</td>
<td>M/F</td>
<td>ALL</td>
</tr>
</tbody>
</table>
Protest Form and Guidelines

PROTEST FORM

Date: ________________  Time: _____________

Sport: ________________  Event: _____________

Age Group: ________________  Division: _____________

Athlete or Team Name: ______________________________________

Reason for Protest: ______________________________________

_____________________________________________________

_____________________________________________________

Signature of Head Coach: ______________________________________

Decision of Referee: ______________________________________

_____________________________________________________

Protest Approved: ______________________________________

Protest Denied: ______________________________________

Signed: ___________________________  Time: ________

Protest Procedure

Under no circumstances should a coach disrupt competition to file an appeal or protest. If a coach wishes to file a protest, follow these procedures:

Refer to your Special Olympics Sports Rules Book and National Governing Body Rules Book. If the coach wishes to continue with protest, complete the Protest Form and submit to the scorer’s table no more than 30 minutes after the conclusion of the event being protested. The Sports Rules Committee will review the protest and render a decision within 24 hours.

Protests can only be made by Coaches. Family, friends or athlete escorts cannot file a protest.
Driving Directions

YALE-NEW HAVEN HOSPITAL
20 York Street, New Haven, CT 06510

From Southern Connecticut State University
Right on Fitch Street. Left on Whalley Avenue. Right on Ella Grasso Boulevard. Left on Legion Avenue (Rte 34E) Right on Park Street. Slight left on Howard Avenue. Left on York Street to emergency room entrance. The entrance to the Children’s Emergency department is on the left on Howard before the entrance to the adult emergency department.

From Hamden Hall Country Day School Athletic Fields
Right on Skiff Street. Right on Whitney Avenue which will become Temple Street as you approach downtown New Haven. Slight right on North Frontage Road. Left on College Street. Slight right on Congress Avenue. Right on Howard Avenue. At the corner of Davenport Avenue the Children’s Emergency Department is straight ahead beyond the entrance of the adult Emergency Department.

YALE-NEW HAVEN HOSPITAL ST. RAPHAEL’S CAMPUS
1450 Chapel Street, New Haven, CT 06511

From Southern Connecticut State University
Right on Fitch Street. Left on Crescent Street to the end. Left onto Golf Street and a quick right on Sherman Avenue. Left on George Street. Left on Orchard Street. Emergency Department entrance is on the left.

From Hamden Hall Country Day School Athletic Fields
Right on Skiff Street. Right on Whitney Avenue which becomes Temple Street as you approach downtown New Haven. Right on Chapel Street. Left on Orchard Street. Emergency Department is on the right.

**Special Olympics Medical and Security personnel will be on duty 24-hours a day. They will be present and ready to handle any medical emergency at every venue, in every dorm, and in the Operations Center should any crisis arise.**
Driving Directions

SOUTHERN CONNECTICUT STATE UNIVERSITY
Racewalking, High Jump, Wheelchair Races, Swimming, Tennis
200 Wintergreen Avenue, New Haven, CT

“The main parking garage is located on Wintergreen Avenue, however, there is also one located on Fitch St. that is also available and accessible to the games.”

From New York: Merritt Parkway (Route 15)
Take the Merritt Parkway North to Exit 59. Turn right onto Whalley Avenue. Continue on Whalley to Fitch Street. Turn left onto Fitch Street. Turn left onto Wintergreen Avenue (Parking Garage will be on the right just past the Moore Field House).

From Hartford: I-91 South:
Take Exit 1 for CT 34/W. Oak Connector. Follow this to the end of the connector and get off the last exit. Continue straight to Frontage Rd/MLK Jr. Blvd and follow to the end. Turn right onto Ella Grasso Blvd., (Rte. 10) and follow to end. Turn left on Crescent Street and continue to stoplight at Fitch Street. Turn right onto Fitch. Turn left onto Wintergreen Avenue (Parking Garage will be on the right just past the Moore Field House).

From Hartford: Wilbur Cross Parkway (Route 15)
Take the Wilbur Cross Parkway South to Exit 60 (Dixwell Avenue). Take a right off the exit onto Dixwell Avenue (South). Follow to the light at Arch Street (St. Anne’s Church on the right corner). Take a right onto Arch Street. At second light veer left onto Fitch Street. Turn right onto Wintergreen Avenue (Parking Garage will be on the right just past the Moore Field House).

From New York: I-95
Take I-95 North to Exit 44 (Kimberly Avenue, Route 10). Turn left onto Ella Grasso Boulevard (Route 10). Follow to the end. Take a left onto Crescent Street. Follow to light at Fitch Street. Take a right onto Fitch. Turn left onto Wintergreen Avenue (Parking Garage will be on the right just past the Moore Field House).

From New London: I-95
Take I-95 South; merge onto CT 34, Oak St. Connector towards downtown New Haven. Follow this to the end of the connector and get off the last exit. Continue straight to Frontage Rd/MLK Jr. Blvd and follow to the end. Turn right onto Ella Grasso Blvd., (Rte. 10) and follow to end. Turn left on Crescent Street and continue to stoplight at Fitch Street. Turn right onto Fitch. Turn left onto Wintergreen Avenue (Parking Garage will be on the right just past the Moore Field House).
HAMDEN HALL COUNTRY DAY SCHOOL ATHLETIC FIELDS
Developmental Swimming (Friday), Soccer (Saturday & Sunday)
225 Skiff Street Hamden, CT

From I-95 (North or South)
I-95 into New Haven. North on I-91 to Exit 6 Willow St./Blatchley Ave. (left hand exit) Turn right off ramp onto Willow St. And follow to the end. Turn right onto Whitney Ave. Proceed approximately 5 miles. (Going past Hamden Hall Country Day School at the 2 mile mark) Turn left at major intersection onto Skiff St. (the 8th light after Hamden Hall, the next light after spring Glen School.) The entrance to the complex is 1/4 mile up on left just past ACES.

From Rt. 15 Merritt/Wilbur Cross Parkway (North or South)
Exit 60 Hamden. Turn left (north) onto Dixwell Ave. Proceed past strip malls on both sides. At major intersection, turn right onto Skiff St. (just past TGI Friday’s and Super Stop and Shop plaza on right.) Entrance is approximately 1/2 mile down Skiff St. on the right just before ACES.

From I-91 Going South
Take Exit 10 Hamden/Mt. Carmel, the exit ramp turns into the Mt. Carmel Connector. Take Exit 1 off connector. At end of ramp turn left and proceed to end. Turn left at light onto Hartford Turnpike. At first light turn right onto Dixwell Ave. Proceed o center of town and turn left at major intersection onto Whitney Ave. (Rt. 10 South). Proceed to the third light at major intersection and turn right onto Skiff St. Field entrance is 1/4 mile up on the left just after ACES.

YALE DEWITT CUYLER ATHLETIC COMPLEX
Track & Field
252 Derby Avenue, West Haven

From: Southern Connecticut State University
Option A:
Leaving SCSU from Wintergreen Ave., turn right onto Fitch St. and follow to end; turn right onto Whalley Avenue and take first left onto West Rock Avenue; follow to end, turn left onto Chapel St., turn right onto Yale Avenue – parking Lot A will be directly on the left.

Option B:
Leaving SCSU from Wintergreen Ave., turn right onto Fitch St., turn left onto Crescent Street. Turn right onto Ella Grasso Boulevard. Stay straight on the boulevard for about a half mile. Turn right onto Chapel Street. Turn left onto Yale Avenue; Parking Lot A will be directly to the left.

From Merritt and Wilbur Cross Parkways:
Take Exit 57 (Route 34 East) directly to the Yale fields, or take Exit 59 (Whalley Avenue) and follow Yale Bowl Signs to the Yale Fields. Parking will be in Lot A on Yale Avenue.

From I-95:
Take Eastbound Exit 44 or Westbound Exit 45 to Route 10 and follow Yale Bowl signs. Or, take Exit 47 (Downtown) and follow Route 34 to the Yale fields. Parking will be in Lot A on Yale Avenue.

From I-91
Take Exit 1 (Downtown) and follow to end of road. Turn right onto Ella Grasso Boulevard. Turn left onto Rt. 34. Take first right onto Yale Avenue. Parking Lot A will be on your right.
Driving Directions

YALE WEST CAMPUS
Cycling
100 West Campus Drive, Orange

Coming from the South
If you are coming from the south (New York), take I-95 north and get off at exit 41 (Marsh Hill Rd). At the end of the ramp, go straight through the light. This is West Campus Drive and the entrance ramp to I-95 northbound. Stay in the right lane and bear right at the fork, check in at the Welcome Center for directions to campus buildings, a campus map or to be announced. Follow signs for parking.

Coming from the North
If you are coming from the North (Hartford/New Haven/Madison, etc.), take I-95 south. Get off at exit 41 (Marsh Hill Rd). At the light at the end of the exit ramp take a left onto Marsh Hill Road. At the next traffic light, take a left onto the West Campus Drive/I-95 northbound entrance ramp. Follow this to the fork, stay in the right lane. Follow signs for parking.

Coming from the Merritt Parkway
Take the Merritt Parkway north to Exit 54 (Milford Connector). Go under the I-95 overpass and exit onto the ramp designated to New Haven (I-95 North). Get off at exit 41 and continue with the directions above (Coming from the South) to reach West Campus. Follow signs for parking.

Coming from Waterbury
Take Route 8 south to exit 15 (Route 34). Take a right off the exit onto Route 34 (East). Follow that to Racebrook Road (Route 114). Take a right onto Racebrook Road and follow it all the way to Route 1 (Boston Post Road). Go straight at the Route 1 intersection. At the 2nd traffic light take a left onto Marsh Hill Road. Go to the 2nd traffic light and turn left onto the West Campus Drive/I-95 northbound entrance ramp. Follow this to the fork, stay in the right lane. Follow signs for parking.

From Southern Connecticut State University
Head southeast on Crescent St. Turn right onto Ella Grasso Blvd. Turn right to merge onto I-95 S toward NY City. Take exit 41 for Marsh Hill Rd. toward Orange. Use the left lane to turn left onto Marsh Hill Rd. Turn left at the light but stay to the right (or you will find yourself back on I-95). Entrance to the campus will be on the right.
Let’s stay connected!
Visit us on the web at: www.soct.org
Be a Fan on Facebook: http://www.facebook.com/SpecialOlympicsCT
Follow us on Twitter: SOCTconnecticut

To view all of the photos from Summer Games 2019, click here:
https://soctphotos.smugmug.com/Sports-Fitness-Programs/Summer-Games.

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- CT Physical Therapy Association
- Connecticut Portable Storage
- DJs: Clarence Neal, Josh Mears, Matt Sirois, Peter Varhool
- Lions Club International
- The New England Tennis Umpires Association
- North Haven Rotary Club
- Town of Hamden
- Southern Connecticut State University
- UCONN School of Dental Medicine
- Yale University
- Hamden Hall
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